









Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>					
	Douglas County			State of NE			Douglas County			State of NE			Douglas County			State of NE								
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>		
Ever told they have high blood pressure (excluding pregnancy) <sup>a</sup>																								
2011	4,403	27.3%	(25.5 - 29.1)	25,356	28.5%	(27.8 - 29.3)	NS	1,783	29.2%	(26.4 - 32.0)	10,212	30.3%	(29.1 - 31.5)	NS	2,620	25.5%	(23.2 - 27.9)	15,144	26.9%	(25.9 - 27.9)	NS	No		
2012																								
2013	1,702	28.9%	(26.2 - 31.7)	17,085	30.3%	(29.2 - 31.4)	NS	697	30.5%	(26.4 - 35.0)	6,956	32.5%	(30.8 - 34.1)	NS	1,005	27.4%	(24.0 - 31.0)	10,129	28.2%	(26.9 - 29.6)	NS	No		
2014																								
2015	2,202	28.5%	(26.2 - 30.9)	17,515	29.9%	(28.9 - 30.9)	NS	889	30.5%	(26.9 - 34.4)	7,546	32.6%	(31.1 - 34.2)	NS	1,313	26.6%	(23.8 - 29.7)	9,969	27.2%	(26.0 - 28.5)	NS	No		
2016																								
2017	1,733	30.2%	(27.7 - 32.8)	15,320	30.6%	(29.6 - 31.7)	NS	798	31.2%	(27.5 - 35.1)	6,956	33.5%	(31.9 - 35.2)	NS	933	29.2%	(25.8 - 32.7)	8,357	27.8%	(26.4 - 29.2)	NS	No		
2018																								
2019	2,168	28.8%	(26.7 - 31.0)	15,818	31.0%	(30.0 - 31.9)	NS	1,024	30.7%	(27.6 - 33.9)	7,125	32.8%	(31.4 - 34.3)	NS	1,144	27.0%	(24.2 - 30.0)	8,693	29.2%	(27.9 - 30.5)	NS	No		
2020																								
Currently taking blood pressure medication, among those ever told they have high BP																								
2011	1,578	76.6%	(73.2 - 79.8)	9,505	77.9%	(76.5 - 79.2)	NS	639	71.2%	(65.9 - 76.0)	3,877	72.0%	(69.8 - 74.1)	NS	939	82.5%	(78.2 - 86.2)	5,628	84.2%	(82.5 - 85.7)	NS	Yes		
2012																								
2013	587	76.6%	(71.2 - 81.2)	6,747	78.5%	(76.6 - 80.3)	NS	248	69.2%	(60.7 - 76.6)	2,828	73.1%	(70.2 - 75.9)	NS	339	84.2%	(77.8 - 89.1)	3,919	84.5%	(82.3 - 86.4)	NS	Yes		
2014																								
2015	821	76.7%	(71.9 - 81.0)	6,685	77.8%	(75.9 - 79.6)	NS	329	73.3%	(66.0 - 79.6)	3,016	73.0%	(70.1 - 75.7)	NS	492	80.4%	(73.8 - 85.7)	3,669	83.4%	(80.9 - 85.6)	NS	No		
2016																								
2017	642	78.7%	(74.1 - 82.7)	5,886	78.6%	(76.8 - 80.4)	NS	287	74.6%	(67.7 - 80.6)	2,801	74.0%	(71.3 - 76.6)	NS	354	83.2%	(76.8 - 88.1)	3,082	84.1%	(81.7 - 86.3)	NS	No		
2018																								
2019	747	74.7%	(70.6 - 78.5)	6,292	76.6%	(74.9 - 78.2)	NS	367	69.5%	(63.3 - 75.1)	2,900	70.7%	(68.1 - 73.2)	NS	380	80.4%	(74.7 - 85.0)	3,392	83.1%	(81.0 - 85.1)	NS	No		
2020																								
Had cholesterol checked in past 5 years <sup>a</sup>																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016																								
2017	1,655	84.8%	(82.2 - 87.0)	14,658	84.4%	(83.4 - 85.3)	NS	766	82.7%	(78.9 - 86.0)	6,659	82.5%	(80.9 - 83.9)	NS	887	86.6%	(83.2 - 89.5)	7,992	86.2%	(84.9 - 87.5)	NS	No		
2018																								
2019	2,045	83.4%	(81.2 - 85.4)	14,989	83.9%	(82.9 - 84.8)	NS	972	81.0%	(77.6 - 83.9)	6,735	81.7%	(80.2 - 83.0)	NS	1,073	85.8%	(82.7 - 88.3)	8,254	86.1%	(84.8 - 87.3)	NS	No		
2020																								
Ever told they have high cholesterol, among those who have ever had it checked <sup>a</sup>																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016																								
2017	1,526	32.8%	(30.1 - 35.8)	13,427	31.9%	(30.7 - 33.1)	NS	693	34.1%	(30.0 - 38.5)	6,011	33.0%	(31.3 - 34.8)	NS	831	31.8%	(28.1 - 35.7)	7,409	30.9%	(29.3 - 32.5)	NS	No		
2018																								
2019	1,858	29.5%	(27.2 - 31.9)	13,735	31.1%	(30.0 - 32.1)	NS	880	30.7%	(27.4 - 34.2)	6,083	31.7%	(30.1 - 33.2)	NS	978	28.4%	(25.2 - 31.7)	7,652	30.5%	(29.1 - 31.9)	NS	No		
2020																								
Currently taking cholesterol medication, among those ever told they have high cholesterol																								
2011																								
2012																								
2013																								
2014																								
2015																								
2016																								
2017	573	60.8%	(55.5 - 65.8)	5,083	60.7%	(58.5 - 62.8)	NS	252	62.2%	(54.4 - 69.5)	2,274	62.6%	(59.4 - 65.8)	NS	321	59.3%	(52.1 - 66.1)	2,806	58.7%	(55.7 - 61.6)	NS	No		
2018																								
2019	634	64.1%	(59.5 - 68.5)	5,194	63.4%	(61.5 - 65.4)	NS	305	65.9%	(59.3 - 71.9)	2,313	66.0%	(63.1 - 68.7)	NS	329	62.3%	(55.7 - 68.5)	2,881	60.9%	(58.2 - 63.6)	NS	No		
2020																								









Indicators	Overall										Men										Women										LHD Gender Diff. e
	Douglas County			State of NE			Sig <sup>d</sup>	Douglas County			State of NE			Sig <sup>d</sup>	Douglas County			State of NE			Sig <sup>d</sup>										
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)											
Attempted to quit smoking in past year, among current cigarette smokers																															
2011	896	57.2%	(52.7 - 61.5)	4,195	55.6%	(53.5 - 57.7)	NS	388	54.9%	(48.6 - 61.1)	1,914	53.4%	(50.4 - 56.3)	NS	508	59.5%	(53.1 - 65.5)	2,281	58.3%	(55.4 - 61.2)	NS	No									
2012	663	60.1%	(55.2 - 64.8)	3,023	57.1%	(54.7 - 59.6)	NS	297	61.7%	(54.6 - 68.3)	1,406	55.2%	(51.7 - 58.7)	NS	366	58.5%	(51.8 - 64.9)	1,617	59.3%	(55.9 - 62.7)	NS	No									
2013	291	57.0%	(49.3 - 64.4)	2,546	57.1%	(54.1 - 60.2)	NS	118	51.8%*	(40.2 - 63.3)	1,147	55.9%	(51.5 - 60.3)	NS	173	61.8%	(51.9 - 70.9)	1,399	58.5%	(54.3 - 62.6)	NS	No									
2014	383	63.4%	(57.0 - 69.4)	3,241	58.2%	(55.5 - 60.9)	NS	172	63.3%	(54.0 - 71.6)	1,489	57.9%	(54.0 - 61.8)	NS	211	63.6%	(54.6 - 71.8)	1,752	58.5%	(54.6 - 62.2)	NS	No									
2015	351	63.5%	(56.7 - 69.9)	2,476	59.1%	(56.1 - 62.0)	NS	162	62.5%*	(52.4 - 71.6)	1,145	59.2%	(54.8 - 63.5)	NS	189	64.9%	(55.7 - 73.1)	1,331	58.9%	(54.8 - 62.9)	NS	No									
2016	244	54.8%	(46.7 - 62.6)	2,181	54.6%	(51.2 - 58.0)	NS	117	56.9%*	(45.1 - 68.0)	1,049	52.7%	(47.9 - 57.5)	NS	127	52.3%*	(41.5 - 62.9)	1,132	56.9%	(52.1 - 61.5)	NS	No									
2017	246	55.1%	(47.4 - 62.6)	2,047	55.6%	(52.2 - 58.9)	NS	121	52.9%*	(42.3 - 63.2)	975	55.8%	(51.1 - 60.5)	NS	125	57.6%*	(46.4 - 68.1)	1,072	55.3%	(50.5 - 59.9)	NS	No									
2018	278	65.4%	(58.4 - 71.8)	1,911	58.3%	(55.0 - 61.5)	NS	138	66.4%	(56.7 - 74.9)	964	55.8%	(51.3 - 60.3)	NS	140	64.2%*	(53.8 - 73.3)	946	61.1%	(56.3 - 65.6)	NS	No									
2019	314	55.6%	(48.6 - 62.4)	2,063	52.6%	(49.5 - 55.7)	NS	156	51.0%	(41.3 - 60.7)	1,012	50.8%	(46.5 - 55.0)	NS	158	59.8%*	(49.7 - 69.1)	1,051	54.7%	(50.2 - 59.1)	NS	No									
2020	253	53.8%	(45.8 - 61.6)	1,859	52.8%	(49.5 - 56.2)	NS	130	50.1%*	(39.3 - 60.8)	942	52.9%	(48.4 - 57.5)	NS	123	58.4%*	(46.6 - 69.3)	917	52.7%	(47.7 - 57.6)	NS	No									
Current smokeless tobacco use <sup>a</sup>																															
2011	4,413	3.4%	(2.7 - 4.3)	25,406	5.6%	(5.2 - 6.0)	-	1,787	6.2%	(4.8 - 7.9)	10,231	10.5%	(9.7 - 11.4)	-	2,626	0.8%	(0.5 - 1.3)	15,175	0.8%	(0.6 - 1.0)	NS	Yes									
2012	3,537	2.8%	(2.1 - 3.7)	19,041	5.1%	(4.6 - 5.6)	-	1,477	4.7%	(3.5 - 6.5)	7,828	9.5%	(8.7 - 10.5)	-	2,060	0.9%*	(0.4 - 1.8)	11,213	0.8%	(0.6 - 1.2)	NS	Yes									
2013	1,659	4.1%	(2.9 - 5.8)	16,732	5.3%	(4.7 - 5.9)	NS	676	7.7%	(5.3 - 11.2)	6,813	10.1%	(9.0 - 11.2)	NS	983	0.8%*	(0.3 - 1.8)	9,919	0.7%	(0.5 - 0.9)	NS	Yes									
2014	2,554	2.6%	(1.9 - 3.7)	21,797	4.7%	(4.2 - 5.1)	-	1,077	4.7%	(3.2 - 6.6)	9,340	8.5%	(7.7 - 9.3)	-	1,477	0.7%*	(0.3 - 1.8)	12,457	1.0%	(0.7 - 1.3)	NS	Yes									
2015	2,140	4.2%	(3.0 - 5.7)	17,123	5.5%	(4.9 - 6.1)	NS	867	6.7%	(4.6 - 9.5)	7,372	9.9%	(8.9 - 11.1)	NS	1,273	1.8%*	(0.9 - 3.5)	9,751	1.1%	(0.8 - 1.6)	NS	Yes									
2016	1,579	4.2%	(3.1 - 5.7)	14,830	5.7%	(5.1 - 6.2)	NS	692	7.7%	(5.5 - 10.7)	6,478	10.5%	(9.5 - 11.7)	NS	887	0.8%*	(0.4 - 1.9)	8,352	0.9%	(0.6 - 1.3)	NS	Yes									
2017	1,678	3.3%	(2.3 - 4.7)	14,875	5.3%	(4.8 - 5.9)	-	776	6.1%	(4.2 - 8.7)	6,740	9.8%	(8.9 - 10.9)	-	901	0.6%*	(0.2 - 1.9)	8,129	0.9%	(0.6 - 1.3)	NS	Yes									
2018	1,720	4.0%	(3.0 - 5.4)	14,158	5.2%	(4.7 - 5.8)	NS	788	6.7%	(4.8 - 9.2)	6,344	9.1%	(8.2 - 10.2)	NS	931	1.5%*	(0.7 - 2.9)	7,804	1.4%	(1.0 - 1.9)	NS	Yes									
2019	2,096	3.6%	(2.7 - 4.7)	15,324	5.3%	(4.8 - 5.8)	-	989	6.3%	(4.7 - 8.6)	6,932	9.7%	(8.7 - 10.7)	-	1,107	0.9%*	(0.4 - 2.0)	8,392	0.9%	(0.7 - 1.3)	NS	Yes									
2020	1,980	3.6%	(2.7 - 4.8)	14,243	5.2%	(4.6 - 5.7)	NS	890	6.3%	(4.5 - 8.7)	6,540	9.4%	(8.4 - 10.5)	NS	1,090	1.0%*	(0.5 - 2.0)	7,703	1.0%	(0.7 - 1.4)	NS	Yes									
Has rule not allowing smoking anywhere inside their home																															
2011																															
2012																															
2013	736	87.4%	(83.5 - 90.4)	7,750	88.7%	(87.4 - 89.8)	NS	282	88.0%	(80.7 - 92.8)	3,121	88.3%	(86.2 - 90.0)	NS	454	86.9%	(82.3 - 90.4)	4,629	89.1%	(87.5 - 90.5)	NS	No									
2014	1,245	86.2%	(83.1 - 88.7)	10,582	89.0%	(87.9 - 90.0)	NS	518	85.0%	(80.1 - 88.9)	4,448	87.9%	(86.1 - 89.5)	NS	727	87.3%	(83.5 - 90.3)	6,134	90.0%	(88.6 - 91.2)	NS	No									
2015	957	88.3%	(85.0 - 90.9)	7,816	90.1%	(88.9 - 91.1)	NS	375	86.9%	(81.1 - 91.1)	3,261	89.2%	(87.2 - 90.9)	NS	582	89.6%	(86.0 - 92.4)	4,555	90.9%	(89.6 - 92.1)	NS	No									
2016	747	90.7%	(87.6 - 93.1)	7,109	90.8%	(89.6 - 91.8)	NS	321	93.3%	(89.4 - 95.9)	3,122	91.2%	(89.8 - 92.5)	NS	426	88.2%	(83.1 - 91.9)	3,987	90.4%	(88.5 - 92.0)	NS	No									
2017	766	90.9%	(87.8 - 93.3)	6,929	91.8%	(90.8 - 92.8)	NS	342	91.6%	(86.9 - 94.7)	3,135	91.3%	(89.7 - 92.7)	NS	424	90.2%	(85.5 - 93.5)	3,792	92.3%	(90.8 - 93.5)	NS	No									
2018	773	91.7%	(89.1 - 93.7)	6,671	91.6%	(90.6 - 92.5)	NS	346	90.0%	(85.5 - 93.1)	2,968	90.1%	(88.4 - 91.6)	NS	426	93.4%	(90.2 - 95.6)	3,696	93.0%	(91.8 - 94.1)	NS	No									
2019	939	92.0%	(89.8 - 93.8)	6,896	91.6%	(90.6 - 92.4)	NS	441	92.7%	(89.5 - 95.0)	3,084	91.0%	(89.5 - 92.3)	NS	498	91.3%	(87.9 - 93.8)	3,812	92.1%	(90.9 - 93.2)	NS	No									
2020	884	92.7%	(89.9 - 94.7)	6,459	92.9%	(91.9 - 93.8)	NS	383	92.2%	(87.5 - 95.2)	2,918	91.9%	(90.2 - 93.3)	NS	501	93.2%	(89.6 - 95.6)	3,541	94.0%	(92.8 - 95.0)	NS	No									
Has rule not allowing smoking at any time inside family vehicle, among those who have a car																															
2011																															
2012																															
2013																															
2014																															
2015																															
2016																															
2017	747	86.1%	(82.4 - 89.1)	6,838	86.7%	(85.3 - 87.9)	NS	336	83.8%	(78.1 - 88.2)	3,107	85.9%	(83.8 - 87.8)	NS	411	88.5%	(83.4 - 92.1)	3,729	87.3%	(85.5 - 89.0)	NS	No									
2018	763	86.9%	(83.6 - 89.6)	6,578	86.8%	(85.4 - 88.0)	NS	341	86.8%	(81.8 - 90.6)	2,933	85.6%	(83.6 - 87.4)	NS	421	86.9%	(82.3 - 90.4)	3,638	87.9%	(86.1 - 89.5)	NS	No									
2019																															
2020																															
Lifetime e-cigarette use																															
2011																															
2012																															
2013																															
2014																															
2015																															
2016	1,580	25.1%	(22.3 - 28.2)	14,819	22.6%	(21.4 - 23.9)	NS	692	26.4%	(22.2 - 31.2)	6,474	25.1%	(23.3 - 27.0)	NS	888	23.9%	(20.2 - 27.9)	8,345	20.2%	(18.7 - 21.9)	NS	No									
2017	1,666	24.2%	(21.6 - 27.1)	14,763	20.7%	(19.6 - 21.8)	NS	772	28.8%	(24.9 - 33.1)	6,690	23.8%	(22.1 - 25.6)	NS	893	19.8%	(16.5 - 23.6)	8,067	17.7%	(16.2 - 19.2)	NS	Yes									
2018	1,669	24.4%	(21.9 - 27.1)	13,966	22.8%	(21.7 - 24.0)	NS	756	28.3%	(24.4 - 32.4)	6,242	25.8%	(24.2 - 27.6)	NS	912	20.8%	(17.7 - 24.3)	7,714	20.0%	(18.5 - 21.5)	NS	Yes									
2019	2,034	26.4%	(24.0 - 28.9)	15,127	24.7%	(23.6 - 25.8)	NS	956	28.5%	(25.1 - 32.1)	6,839	28.1%	(26.5 - 29.7)	NS	1,078	24.4%	(21.2 - 27.9)	8,288	21.3%	(19.9 - 22.8)	NS	No									
2020	1,914	26.3%	(23.8 - 29.1)	14,016	24.9%	(23.7 - 26.1)	NS	851	33.6%	(29.6 - 37.8)	6,413	29.9%	(28.2 - 31.7)	NS	1,063	19.5%	(16.4 - 23.1)	7,603	20.0%	(18.5 - 21.5)	NS	Yes									

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Douglas County			State of NE			Douglas County			State of NE			Douglas County				State of NE					
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>		
<b>Current e-cigarette use</b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016	1,580	5.1%	(3.8 - 6.9)	14,819	4.9%	(4.3 - 5.6)	NS	692	6.4%	(4.3 - 9.3)	6,474	5.3%	(4.5 - 6.4)	NS	888	3.9%	(2.4 - 6.2)	8,345	4.5%	(3.7 - 5.6)	NS	No
2017	1,666	5.0%	(3.8 - 6.7)	14,763	3.8%	(3.3 - 4.4)	NS	772	6.2%	(4.2 - 9.0)	6,690	4.7%	(3.9 - 5.7)	NS	893	3.9%	(2.5 - 6.0)	8,067	3.0%	(2.4 - 3.8)	NS	No
2018	1,669	5.7%	(4.4 - 7.4)	13,966	5.6%	(5.0 - 6.3)	NS	756	7.1%	(4.9 - 10.0)	6,242	6.7%	(5.7 - 7.9)	NS	912	4.5%	(3.0 - 6.6)	7,714	4.6%	(3.8 - 5.5)	NS	No
2019	2,034	6.5%	(5.2 - 8.0)	15,127	5.9%	(5.3 - 6.6)	NS	956	5.7%	(4.1 - 7.9)	6,839	6.7%	(5.8 - 7.8)	NS	1,078	7.1%	(5.3 - 9.6)	8,288	5.2%	(4.4 - 6.2)	NS	No
2020	1,914	6.0%	(4.7 - 7.7)	14,016	5.9%	(5.2 - 6.6)	NS	851	7.5%	(5.4 - 10.3)	6,413	7.4%	(6.4 - 8.5)	NS	1,063	4.6%	(3.1 - 6.8)	7,603	4.4%	(3.6 - 5.3)	NS	No
<b>Overweight and Obesity</b>																						
<b>Obese (BMI=30+)<sup>^</sup></b>																						
2011	4,201	26.6%	(24.7 - 28.6)	24,366	28.4%	(27.6 - 29.2)	NS	1,755	26.7%	(24.0 - 29.6)	10,102	29.2%	(28.0 - 30.4)	NS	2,446	26.5%	(24.0 - 29.3)	14,264	27.6%	(26.5 - 28.8)	NS	No
2012	3,389	28.0%	(26.1 - 30.0)	18,385	28.6%	(27.7 - 29.6)	NS	1,462	27.4%	(24.6 - 30.3)	7,781	29.2%	(27.9 - 30.6)	NS	1,927	28.6%	(26.0 - 31.4)	10,604	28.1%	(26.8 - 29.3)	NS	No
2013	1,614	27.7%	(24.9 - 30.6)	16,250	29.6%	(28.4 - 30.7)	NS	682	28.2%	(24.0 - 32.8)	6,860	30.8%	(29.1 - 32.5)	NS	932	27.2%	(23.6 - 31.1)	9,390	28.4%	(26.9 - 29.9)	NS	No
2014	2,462	28.3%	(26.0 - 30.8)	21,130	30.2%	(29.2 - 31.3)	NS	1,078	29.8%	(26.4 - 33.4)	9,399	31.7%	(30.2 - 33.2)	NS	1,384	26.8%	(23.8 - 30.1)	11,731	28.7%	(27.4 - 30.1)	NS	No
2015	2,008	29.8%	(27.2 - 32.5)	16,265	31.4%	(30.3 - 32.5)	NS	859	32.8%	(28.9 - 37.0)	7,323	32.9%	(31.3 - 34.6)	NS	1,149	26.6%	(23.3 - 30.3)	8,942	29.8%	(28.3 - 31.3)	NS	No
2016	1,494	30.9%	(28.1 - 33.9)	14,173	32.0%	(30.8 - 33.2)	NS	682	30.0%	(25.9 - 34.4)	6,460	32.6%	(30.8 - 34.3)	NS	812	31.9%	(27.9 - 36.0)	7,713	31.4%	(29.7 - 33.1)	NS	No
2017	1,603	31.4%	(28.7 - 34.3)	14,330	32.8%	(31.6 - 34.0)	NS	767	32.1%	(28.2 - 36.3)	6,753	33.2%	(31.5 - 34.9)	NS	836	30.8%	(26.9 - 34.9)	7,574	32.3%	(30.6 - 34.0)	NS	No
2018	1,640	32.4%	(29.7 - 35.2)	13,669	34.1%	(32.9 - 35.3)	NS	781	31.4%	(27.7 - 35.5)	6,334	34.5%	(32.8 - 36.2)	NS	859	33.5%	(29.7 - 37.4)	7,331	33.7%	(32.1 - 35.4)	NS	No
2019	1,994	31.8%	(29.4 - 34.3)	14,710	34.1%	(33.0 - 35.2)	NS	971	31.1%	(27.8 - 34.6)	6,891	33.6%	(32.1 - 35.1)	NS	1,023	32.6%	(29.2 - 36.2)	7,819	34.7%	(33.2 - 36.3)	NS	No
2020	1,856	34.1%	(31.4 - 36.9)	13,601	34.0%	(32.8 - 35.2)	NS	874	34.3%	(30.6 - 38.3)	6,503	34.7%	(33.0 - 36.4)	NS	982	33.8%	(30.1 - 37.8)	7,098	33.3%	(31.6 - 35.0)	NS	No
<b>Overweight or Obese (BMI=25+)</b>																						
2011	4,201	63.7%	(61.5 - 65.8)	24,366	64.9%	(64.0 - 65.8)	NS	1,755	71.8%	(68.7 - 74.6)	10,102	72.8%	(71.5 - 74.1)	NS	2,446	55.5%	(52.5 - 58.5)	14,264	56.8%	(55.5 - 58.1)	NS	Yes
2012	3,389	62.7%	(60.6 - 64.8)	18,385	65.0%	(64.0 - 66.0)	NS	1,462	70.4%	(67.3 - 73.3)	7,781	72.3%	(70.8 - 73.7)	NS	1,927	55.0%	(52.1 - 57.9)	10,604	57.6%	(56.2 - 59.0)	NS	Yes
2013	1,614	62.2%	(58.9 - 65.3)	16,250	65.5%	(64.2 - 66.7)	NS	682	69.5%	(64.6 - 74.0)	6,860	72.2%	(70.4 - 74.0)	NS	932	55.0%	(50.7 - 59.2)	9,390	58.5%	(56.8 - 60.2)	NS	Yes
2014	2,462	64.1%	(61.5 - 66.5)	21,130	66.7%	(65.6 - 67.8)	NS	1,078	70.8%	(67.1 - 74.3)	9,399	73.8%	(72.3 - 75.3)	NS	1,384	57.1%	(53.5 - 60.6)	11,731	59.2%	(57.7 - 60.7)	NS	Yes
2015	2,008	65.0%	(62.1 - 67.7)	16,265	67.0%	(65.6 - 68.2)	NS	859	72.0%	(67.8 - 75.8)	7,323	73.4%	(71.7 - 75.1)	NS	1,149	57.7%	(53.7 - 61.5)	8,942	60.2%	(58.6 - 61.9)	NS	Yes
2016	1,494	67.8%	(64.7 - 70.8)	14,173	68.5%	(67.3 - 69.8)	NS	682	75.8%	(71.4 - 79.7)	6,460	74.9%	(73.1 - 76.6)	NS	812	59.6%	(55.3 - 63.8)	7,713	61.8%	(59.9 - 63.6)	NS	Yes
2017	1,603	66.4%	(63.4 - 69.3)	14,330	69.0%	(67.8 - 70.2)	NS	767	71.6%	(67.3 - 75.5)	6,753	75.2%	(73.5 - 76.8)	NS	836	61.1%	(56.8 - 65.3)	7,574	62.4%	(60.6 - 64.2)	NS	Yes
2018	1,640	68.3%	(65.5 - 70.9)	13,669	68.9%	(67.6 - 70.1)	NS	781	72.6%	(68.7 - 76.2)	6,334	73.9%	(72.2 - 75.5)	NS	859	63.8%	(59.8 - 67.6)	7,331	63.7%	(61.9 - 65.4)	NS	Yes
2019	1,994	66.9%	(64.3 - 69.3)	14,710	69.0%	(67.9 - 70.1)	NS	971	70.8%	(67.2 - 74.2)	6,891	73.4%	(71.8 - 74.9)	NS	1,023	62.9%	(59.2 - 66.5)	7,819	64.4%	(62.8 - 66.0)	NS	Yes
2020	1,856	68.5%	(65.7 - 71.1)	13,601	69.8%	(68.6 - 71.0)	NS	874	73.0%	(69.1 - 76.5)	6,503	75.3%	(73.6 - 76.8)	NS	982	63.8%	(59.8 - 67.6)	7,098	64.0%	(62.2 - 65.7)	NS	Yes
<b>Nutrition</b>																						
<b>Consumed sugar-sweetened beverages 1 or more times per day in past 30 days</b>																						
2011																						
2012																						
2013	738	28.4%	(23.9 - 33.4)	7,822	28.5%	(26.8 - 30.3)	NS	284	34.0%	(26.7 - 42.2)	3,164	35.8%	(33.1 - 38.5)	NS	454	24.3%	(18.9 - 30.6)	4,658	21.7%	(19.7 - 24.0)	NS	No
2014																						
2015																						
2016																						
2017																						
2018																						
2019																						
2020																						
<b>Currently watching or reducing sodium or salt intake</b>																						
2011																						
2012																						
2013	738	47.8%	(43.1 - 52.6)	7,818	46.3%	(44.6 - 48.1)	NS	286	46.1%	(38.8 - 53.6)	3,165	43.4%	(40.8 - 46.0)	NS	452	49.1%	(42.9 - 55.3)	4,653	49.1%	(46.8 - 51.5)	NS	No
2014																						
2015	997	47.3%	(43.0 - 51.5)	7,892	46.8%	(45.0 - 48.5)	NS	402	49.8%	(43.3 - 56.3)	3,436	46.0%	(43.4 - 48.7)	NS	595	45.0%	(39.6 - 50.6)	4,456	47.5%	(45.2 - 49.8)	NS	No
2016																						
2017																						
2018	810	43.9%	(39.8 - 48.1)	6,616	44.0%	(42.3 - 45.8)	NS	367	42.2%	(36.3 - 48.4)	2,950	43.0%	(40.4 - 45.6)	NS	443	45.7%	(40.1 - 51.5)	3,663	45.0%	(42.6 - 47.4)	NS	No
2019	962	39.5%	(35.8 - 43.2)	7,009	40.4%	(38.8 - 42.0)	NS	457	36.7%	(31.7 - 41.9)	3,144	38.4%	(36.1 - 40.8)	NS	505	42.3%	(37.1 - 47.6)	3,865	42.3%	(40.1 - 44.6)	NS	No
2020																						

Indicators	Overall							Men							Women							LHD Gender Diff. <sup>e</sup>
	Douglas County			State of NE			Sig <sup>d</sup>	Douglas County			State of NE			Sig <sup>d</sup>	Douglas County			State of NE			Sig <sup>d</sup>	
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		
<b>Median times per day consumed fruits<sup>a</sup></b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	1,613	1.0	(1.0 - 1.1)	14,259	1.0	(1.0 - 1.1)	NS	747	1.0	(1.0 - 1.1)	6,436	1.0	(1.0 - 1.0)	NS	865	1.0	(1.0 - 1.1)	7,817	1.1	(1.1 - 1.2)	NS	No
2018																						
2019	1,965	1.0	(1.0 - 1.0)	14,423	1.0	(1.0 - 1.0)	NS	923	1.0	(1.0 - 1.0)	6,514	1.0	(1.0 - 1.0)	NS	1,042	1.0	(1.0 - 1.0)	7,909	1.0	(1.0 - 1.0)	NS	No
2020																						
<b>Consumed fruits less than 1 time per day<sup>a</sup></b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	1,613	38.0%	(35.0 - 41.0)	14,259	36.9%	(35.6 - 38.1)	NS	747	41.7%	(37.4 - 46.2)	6,436	42.0%	(40.1 - 43.8)	NS	865	34.4%	(30.4 - 38.6)	7,817	31.9%	(30.2 - 33.6)	NS	No
2018																						
2019	1,965	39.3%	(36.7 - 42.0)	14,423	39.5%	(38.3 - 40.6)	NS	923	42.8%	(39.0 - 46.6)	6,514	44.0%	(42.3 - 45.7)	NS	1,042	36.1%	(32.6 - 39.7)	7,909	35.1%	(33.5 - 36.7)	NS	No
2020																						
<b>Median times per day consumed vegetables<sup>a</sup></b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	1,556	1.6	(1.6 - 1.7)	14,023	1.7	(1.6 - 1.7)	NS	716	1.6	(1.4 - 1.7)	6,314	1.6	(1.6 - 1.6)	NS	839	1.6	(1.6 - 1.7)	7,703	1.7	(1.7 - 1.8)	NS	No
2018																						
2019	1,936	1.5	(1.5 - 1.6)	14,170	1.6	(1.6 - 1.6)	NS	908	1.5	(1.4 - 1.6)	6,394	1.5	(1.5 - 1.6)	NS	1,028	1.6	(1.5 - 1.6)	7,776	1.6	(1.6 - 1.7)	NS	No
2020																						
<b>Consumed vegetables less than 1 time per day<sup>a</sup></b>																						
2011																						
2012																						
2013																						
2014																						
2015																						
2016																						
2017	1,556	22.1%	(19.6 - 24.9)	14,023	20.0%	(18.9 - 21.1)	NS	716	22.8%	(19.2 - 27.0)	6,314	21.9%	(20.3 - 23.5)	NS	839	21.3%	(17.9 - 25.1)	7,703	18.1%	(16.7 - 19.6)	NS	No
2018																						
2019	1,936	22.1%	(19.9 - 24.5)	14,170	20.8%	(19.8 - 21.8)	NS	908	24.5%	(21.2 - 28.1)	6,394	23.1%	(21.7 - 24.7)	NS	1,028	19.9%	(17.0 - 23.0)	7,776	18.4%	(17.2 - 19.8)	NS	No
2020																						
<b>Physical Activity</b>																						
<b>No leisure-time physical activity in past 30 days<sup>a</sup></b>																						
2011	4,201	24.4%	(22.5 - 26.3)	24,433	26.3%	(25.5 - 27.1)	NS	1,699	23.2%	(20.5 - 26.1)	9,795	27.2%	(26.0 - 28.5)	NS	2,502	25.5%	(23.0 - 28.2)	14,638	25.4%	(24.3 - 26.5)	NS	No
2012	3,572	20.6%	(18.9 - 22.4)	19,153	21.0%	(20.2 - 21.9)	NS	1,489	17.7%	(15.4 - 20.3)	7,865	20.4%	(19.3 - 21.7)	NS	2,083	23.3%	(20.9 - 25.8)	11,288	21.6%	(20.5 - 22.8)	NS	Yes
2013	1,587	23.9%	(21.2 - 26.9)	16,158	25.3%	(24.2 - 26.4)	NS	644	23.6%	(19.4 - 28.3)	6,567	26.3%	(24.7 - 28.1)	NS	943	24.3%	(20.8 - 28.1)	9,591	24.3%	(22.9 - 25.8)	NS	No
2014	2,637	18.1%	(16.2 - 20.1)	22,397	21.3%	(20.4 - 22.1)	-	1,112	16.7%	(14.0 - 19.8)	9,599	21.2%	(20.0 - 22.5)	-	1,525	19.4%	(16.9 - 22.1)	12,798	21.4%	(20.2 - 22.5)	NS	No
2015	2,048	25.7%	(23.2 - 28.4)	16,319	25.3%	(24.3 - 26.4)	NS	826	24.2%	(20.6 - 28.1)	6,997	25.3%	(23.8 - 26.9)	NS	1,222	27.1%	(23.8 - 30.8)	9,322	25.4%	(24.0 - 26.8)	NS	No
2016	1,612	22.2%	(19.7 - 24.8)	15,169	22.4%	(21.4 - 23.5)	NS	707	19.9%	(16.3 - 24.1)	6,633	20.7%	(19.3 - 22.3)	NS	905	24.3%	(21.1 - 27.8)	8,536	24.1%	(22.7 - 25.6)	NS	No
2017	1,600	23.0%	(20.6 - 25.7)	14,296	25.4%	(24.3 - 26.5)	NS	738	22.2%	(18.7 - 26.2)	6,456	25.7%	(24.2 - 27.4)	NS	861	23.9%	(20.4 - 27.7)	7,835	25.0%	(23.5 - 26.5)	NS	No
2018	1,777	22.8%	(20.5 - 25.2)	14,615	23.8%	(22.8 - 24.8)	NS	810	20.7%	(17.6 - 24.2)	6,549	23.1%	(21.7 - 24.6)	NS	965	24.8%	(21.6 - 28.2)	8,053	24.3%	(22.9 - 25.8)	NS	No
2019	2,067	26.1%	(23.9 - 28.5)	15,137	26.9%	(25.9 - 27.9)	NS	979	24.3%	(21.2 - 27.6)	6,852	26.5%	(25.1 - 28.0)	NS	1,088	28.0%	(24.8 - 31.3)	8,285	27.3%	(25.9 - 28.7)	NS	No
2020	2,057	20.4%	(18.2 - 22.7)	14,775	21.5%	(20.6 - 22.5)	NS	925	19.4%	(16.4 - 22.8)	6,796	20.8%	(19.5 - 22.3)	NS	1,132	21.2%	(18.3 - 24.5)	7,979	22.2%	(20.9 - 23.6)	NS	No

Indicators	Overall				Men				Women				LHD Gender Diff. <sup>e</sup>			
	Douglas County		State of NE		Douglas County		State of NE		Douglas County		State of NE					
	n <sup>a</sup>	mean or % <sup>b</sup> 95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup> 95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup> 95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup> 95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup> 95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup> 95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
Met aerobic physical activity recommendation <sup>a</sup>																
2011	4,079	49.6% (47.3 - 51.8)	23,735	49.0% (48.0 - 49.9)	NS	1,656	49.6% (46.3 - 52.9)	9,544	47.2% (45.8 - 48.6)	NS	2,423	49.5% (46.5 - 52.5)	14,191	50.6% (49.4 - 51.9)	NS	No
2012																
2013	1,553	48.3% (45.0 - 51.6)	15,730	50.1% (48.8 - 51.4)	NS	634	47.3% (42.3 - 52.4)	6,416	48.8% (46.9 - 50.7)	NS	919	49.2% (44.9 - 53.5)	9,314	51.4% (49.7 - 53.1)	NS	No
2014																
2015	1,993	51.0% (48.1 - 53.9)	15,878	51.3% (50.0 - 52.5)	NS	807	53.0% (48.6 - 57.4)	6,832	51.1% (49.2 - 53.0)	NS	1,186	49.1% (45.2 - 53.0)	9,046	51.4% (49.8 - 53.1)	NS	No
2016																
2017	1,548	47.9% (44.8 - 51.0)	13,922	49.4% (48.1 - 50.7)	NS	721	48.3% (43.8 - 52.8)	6,309	48.8% (46.9 - 50.7)	NS	827	47.5% (43.2 - 51.9)	7,613	49.9% (48.1 - 51.7)	NS	No
2018																
2019	1,998	46.8% (44.1 - 49.4)	14,579	48.0% (46.8 - 49.2)	NS	946	49.3% (45.5 - 53.1)	6,607	47.3% (45.6 - 49.0)	NS	1,052	44.4% (40.7 - 48.1)	7,972	48.7% (47.1 - 50.4)	NS	No
2020																
Met muscle strengthening recommendation <sup>a</sup>																
2011	4,161	30.4% (28.4 - 32.5)	24,204	28.1% (27.3 - 29.0)	NS	1,687	36.1% (32.9 - 39.3)	9,697	32.0% (30.6 - 33.4)	NS	2,474	25.1% (22.6 - 27.7)	14,507	24.5% (23.4 - 25.6)	NS	Yes
2012																
2013	1,573	29.8% (26.9 - 32.8)	16,021	28.4% (27.2 - 29.6)	NS	638	33.5% (29.1 - 38.3)	6,499	31.0% (29.2 - 32.8)	NS	935	26.4% (22.8 - 30.4)	9,522	26.0% (24.5 - 27.6)	NS	No
2014																
2015	2,029	35.4% (32.6 - 38.3)	16,117	31.2% (30.1 - 32.5)	+	817	39.8% (35.5 - 44.3)	6,893	34.9% (33.1 - 36.8)	NS	1,212	31.3% (27.8 - 34.9)	9,224	27.7% (26.2 - 29.3)	NS	Yes
2016																
2017	1,569	31.8% (28.9 - 34.8)	14,103	29.8% (28.6 - 31.1)	NS	723	34.8% (30.6 - 39.2)	6,366	32.2% (30.4 - 34.0)	NS	845	28.9% (25.1 - 33.0)	7,732	27.5% (25.9 - 29.2)	NS	No
2018																
2019	2,004	34.9% (32.4 - 37.4)	14,648	34.8% (33.7 - 35.9)	NS	946	36.9% (33.4 - 40.6)	6,634	37.5% (35.9 - 39.2)	NS	1,058	32.9% (29.5 - 36.5)	8,014	32.1% (30.5 - 33.7)	NS	No
2020																
Met both aerobic physical activity and muscle strengthening recommendations <sup>a</sup>																
2011	4,048	20.8% (19.0 - 22.7)	23,567	19.0% (18.2 - 19.8)	NS	1,649	22.6% (19.9 - 25.5)	9,477	19.7% (18.5 - 20.9)	NS	2,399	19.0% (16.7 - 21.5)	14,090	18.4% (17.4 - 19.4)	NS	No
2012																
2013	1,542	18.9% (16.5 - 21.5)	15,635	18.8% (17.8 - 19.9)	NS	628	20.2% (16.6 - 24.4)	6,366	19.4% (17.9 - 21.0)	NS	914	17.7% (14.7 - 21.2)	9,269	18.2% (16.8 - 19.6)	NS	No
2014																
2015	1,977	25.9% (23.3 - 28.7)	15,724	21.8% (20.7 - 22.9)	+	799	28.2% (24.1 - 32.6)	6,757	23.3% (21.6 - 25.1)	NS	1,178	23.7% (20.5 - 27.2)	8,967	20.3% (18.9 - 21.7)	NS	No
2016																
2017	1,526	20.0% (17.6 - 22.6)	13,779	19.1% (18.0 - 20.1)	NS	708	20.6% (17.3 - 24.4)	6,239	19.7% (18.3 - 21.3)	NS	818	19.4% (16.2 - 23.2)	7,540	18.4% (17.0 - 19.9)	NS	No
2018																
2019	1,952	20.5% (18.4 - 22.7)	14,226	20.9% (20.0 - 21.9)	NS	924	20.5% (17.7 - 23.6)	6,461	21.0% (19.6 - 22.4)	NS	1,028	20.5% (17.6 - 23.7)	7,765	20.9% (19.5 - 22.3)	NS	No
2020																
Walk for at least 10 minutes at a time for any reason during a usual week																
2011																
2012																
2013																
2014																
2015	993	84.8% (81.6 - 87.6)	7,895	84.6% (83.3 - 85.8)	NS	401	85.6% (80.7 - 89.5)	3,442	84.2% (82.2 - 86.0)	NS	592	84.1% (79.5 - 87.8)	4,453	85.1% (83.4 - 86.6)	NS	No
2016																
2017	764	87.1% (83.7 - 89.8)	6,914	84.8% (83.5 - 86.0)	NS	342	86.8% (81.7 - 90.6)	3,134	84.0% (82.0 - 85.8)	NS	422	87.4% (82.6 - 90.9)	3,778	85.6% (83.9 - 87.2)	NS	No
2018																
2019																
2020																
Have access to safe places to walk in their neighborhood																
2011																
2012																
2013																
2014																
2015	994	93.3% (90.5 - 95.3)	7,893	88.4% (87.2 - 89.4)	+	401	95.8%* (92.2 - 97.8)	3,439	88.8% (87.2 - 90.3)	+	593	91.1% (86.6 - 94.2)	4,454	87.9% (86.3 - 89.3)	NS	No
2016																
2017	764	93.5% (90.8 - 95.4)	6,927	88.3% (87.3 - 89.2)	+	343	94.3% (90.1 - 96.8)	3,137	89.2% (87.7 - 90.5)	NS	421	92.5% (88.6 - 95.2)	3,788	87.4% (85.9 - 88.7)	NS	No
2018																
2019																
2020																

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Douglas County			State of NE			Douglas County			State of NE			Douglas County			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		Sig <sup>d</sup>		
<b>Injury</b>																						
Always wear a seatbelt when driving or riding in a car <sup>h</sup>																						
2011	4,153	80.4%	(78.6 - 82.1)	24,208	71.3%	(70.5 - 72.1)	+	1,677	75.8%	(72.9 - 78.4)	9,683	63.7%	(62.4 - 65.0)	+	2,476	84.8%	(82.5 - 86.9)	14,525	78.6%	(77.5 - 79.5)	+	Yes
2012	3,503	78.4%	(76.5 - 80.1)	18,851	69.7%	(68.7 - 70.6)	+	1,460	72.6%	(69.6 - 75.4)	7,731	61.7%	(60.2 - 63.2)	+	2,043	83.8%	(81.4 - 85.9)	11,120	77.3%	(76.1 - 78.4)	+	Yes
2013	1,572	82.9%	(80.1 - 85.4)	16,053	74.1%	(73.0 - 75.2)	+	637	79.0%	(74.4 - 83.0)	6,520	67.0%	(65.3 - 68.7)	+	935	86.4%	(83.0 - 89.2)	9,533	80.8%	(79.5 - 82.1)	+	No
2014	2,524	81.1%	(78.9 - 83.1)	21,599	72.4%	(71.5 - 73.3)	+	1,060	76.8%	(73.2 - 80.1)	9,241	64.7%	(63.2 - 66.2)	+	1,464	85.1%	(82.3 - 87.4)	12,358	79.8%	(78.7 - 80.9)	+	Yes
2015	2,028	82.6%	(80.2 - 84.9)	16,136	75.4%	(74.4 - 76.4)	+	815	76.5%	(72.4 - 80.2)	6,900	68.2%	(66.5 - 69.9)	+	1,213	88.3%	(85.4 - 90.7)	9,236	82.3%	(81.1 - 83.4)	+	Yes
2016	1,558	82.1%	(79.4 - 84.4)	14,628	73.8%	(72.7 - 74.9)	+	678	78.1%	(73.9 - 81.8)	6,370	66.8%	(65.0 - 68.5)	+	880	85.8%	(82.5 - 88.6)	8,258	80.6%	(79.2 - 81.8)	+	Yes
2017	1,575	84.0%	(81.5 - 86.3)	14,160	76.3%	(75.2 - 77.3)	+	726	80.7%	(76.7 - 84.1)	6,393	70.4%	(68.8 - 72.0)	+	848	87.3%	(84.0 - 90.0)	7,762	82.0%	(80.7 - 83.3)	+	No
2018	1,701	83.3%	(80.9 - 85.4)	13,968	75.2%	(74.1 - 76.2)	+	778	79.3%	(75.6 - 82.6)	6,256	69.0%	(67.4 - 70.6)	+	922	87.0%	(83.9 - 89.6)	7,702	81.1%	(79.8 - 82.4)	+	Yes
2019																						
2020	1,950	85.4%	(83.2 - 87.4)	14,029	76.7%	(75.7 - 77.7)	+	871	80.4%	(76.8 - 83.5)	6,434	70.2%	(68.6 - 71.7)	+	1,079	90.2%	(87.4 - 92.4)	7,595	83.0%	(81.8 - 84.2)	+	Yes
Texted while driving in past 30 days																						
2011																						
2012	2,567	26.7%	(24.4 - 29.2)	11,451	26.8%	(25.6 - 27.9)	NS	1,069	26.7%	(23.4 - 30.2)	4,757	29.2%	(27.5 - 31.0)	NS	1,498	26.8%	(23.6 - 30.3)	6,694	24.4%	(22.8 - 26.0)	NS	No
2013																						
2014																						
2015	925	28.2%	(24.1 - 32.6)	7,620	24.9%	(23.3 - 26.6)	NS	364	32.2%	(25.8 - 39.4)	3,209	27.6%	(25.0 - 30.3)	NS	561	24.1%	(19.5 - 29.4)	4,411	22.3%	(20.3 - 24.4)	NS	No
2016																						
2017	690	26.3%	(22.4 - 30.6)	6,452	26.6%	(24.9 - 28.4)	NS	323	29.1%	(23.5 - 35.5)	2,894	29.9%	(27.4 - 32.6)	NS	366	23.2%	(18.0 - 29.4)	3,555	23.4%	(21.2 - 25.8)	NS	No
2018																						
2019																						
2020																						
Talked on a cell phone while driving in past 30 days																						
2011																						
2012	2,562	66.6%	(64.3 - 68.9)	11,424	69.1%	(68.0 - 70.2)	NS	1,068	69.0%	(65.4 - 72.3)	4,742	71.5%	(69.9 - 73.2)	NS	1,494	64.4%	(61.3 - 67.5)	6,682	66.7%	(65.2 - 68.2)	NS	No
2013																						
2014																						
2015	922	66.0%	(61.8 - 69.9)	7,604	67.0%	(65.3 - 68.6)	NS	361	71.2%	(64.8 - 76.9)	3,203	71.0%	(68.5 - 73.3)	NS	561	60.9%	(55.3 - 66.2)	4,401	63.1%	(60.8 - 65.2)	NS	No
2016																						
2017	693	65.3%	(60.9 - 69.4)	6,436	66.5%	(64.8 - 68.2)	NS	325	71.7%	(65.5 - 77.2)	2,888	71.2%	(68.7 - 73.6)	NS	367	58.4%	(52.1 - 64.4)	3,545	61.9%	(59.5 - 64.3)	NS	Yes
2018																						
2019																						
2020																						
Had a fall in past year, aged 45 years and older																						
2011																						
2012	2,255	28.0%	(25.7 - 30.5)	13,738	28.8%	(27.7 - 29.9)	NS	902	24.1%	(20.7 - 27.9)	5,384	26.9%	(25.3 - 28.5)	NS	1,353	31.7%	(28.5 - 35.0)	8,354	30.5%	(29.1 - 31.9)	NS	Yes
2013																						
2014	1,728	24.5%	(22.0 - 27.2)	15,671	26.1%	(25.1 - 27.1)	NS	707	22.4%	(18.9 - 26.4)	6,513	24.5%	(23.0 - 26.1)	NS	1,021	26.3%	(22.9 - 30.1)	9,158	27.6%	(26.2 - 29.0)	NS	No
2015																						
2016	1,027	29.3%	(26.0 - 32.7)	10,369	29.0%	(27.7 - 30.3)	NS	429	26.3%	(21.8 - 31.4)	4,333	28.1%	(26.2 - 30.1)	NS	598	31.9%	(27.5 - 36.6)	6,036	29.7%	(28.0 - 31.5)	NS	No
2017																						
2018	1,037	25.4%	(22.4 - 28.6)	9,873	25.3%	(24.0 - 26.5)	NS	447	23.8%	(19.4 - 28.8)	4,281	23.3%	(21.5 - 25.1)	NS	590	26.6%	(22.6 - 31.1)	5,586	27.1%	(25.4 - 28.9)	NS	No
2019																						
2020	1,205	22.4%	(19.7 - 25.3)	9,698	23.7%	(22.5 - 24.9)	NS	493	20.1%	(16.3 - 24.5)	4,173	22.7%	(21.0 - 24.5)	NS	712	24.4%	(20.8 - 28.4)	5,525	24.5%	(23.0 - 26.2)	NS	No
Injured due to a fall in past year, aged 45 years and older																						
2011																						
2012	2,249	9.5%	(8.1 - 11.1)	13,719	9.9%	(9.2 - 10.6)	NS	901	6.8%	(5.1 - 9.1)	5,377	7.7%	(6.7 - 8.7)	NS	1,348	12.0%	(9.9 - 14.5)	8,342	11.8%	(10.9 - 12.9)	NS	Yes
2013																						
2014	1,725	8.0%	(6.6 - 9.8)	15,647	8.8%	(8.2 - 9.5)	NS	707	6.2%	(4.3 - 8.8)	6,502	6.8%	(6.0 - 7.7)	NS	1,018	9.7%	(7.7 - 12.3)	9,145	10.6%	(9.7 - 11.6)	NS	No
2015																						
2016	1,027	11.5%	(9.4 - 14.0)	10,367	10.1%	(9.3 - 11.0)	NS	429	8.4%	(5.9 - 11.7)	4,333	7.8%	(6.8 - 9.0)	NS	598	14.3%	(11.2 - 18.2)	6,034	12.2%	(11.0 - 13.6)	NS	No
2017																						
2018	1,036	11.9%	(9.6 - 14.6)	9,865	9.7%	(8.8 - 10.6)	NS	447	10.6%	(7.5 - 14.8)	4,279	7.7%	(6.6 - 9.1)	NS	589	12.9%	(9.9 - 16.6)	5,580	11.5%	(10.3 - 12.9)	NS	No
2019																						
2020	1,201	8.4%	(6.7 - 10.5)	9,687	8.0%	(7.3 - 8.8)	NS	491	7.5%	(5.1 - 10.8)	4,166	6.8%	(5.8 - 7.9)	NS	710	9.3%	(7.0 - 12.2)	5,521	9.1%	(8.1 - 10.3)	NS	No

Indicators	Overall						Men						Women						LHD Diff. <sup>e</sup>				
	Douglas County			State of NE			Douglas County			State of NE			Douglas County			State of NE							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		Sig <sup>d</sup>			
<b>Mental Health</b>																							
Ever told they have depression																							
2011	4,401	16.7%	(15.3 - 18.3)	25,333	16.8%	(16.2 - 17.5)	NS	1,779	11.6%	(9.8 - 13.6)	NS	10,198	11.5%	(10.7 - 12.4)	NS	2,622	21.6%	(19.4 - 24.1)	15,135	22.0%	(21.0 - 23.0)	NS	Yes
2012	3,566	18.1%	(16.5 - 19.8)	19,115	16.7%	(16.0 - 17.5)	NS	1,488	14.7%	(12.5 - 17.3)	NS	7,853	12.4%	(11.4 - 13.5)	NS	2,078	21.2%	(19.0 - 23.7)	11,262	20.9%	(19.8 - 22.1)	NS	Yes
2013	1,701	20.5%	(18.1 - 23.2)	17,065	18.2%	(17.3 - 19.2)	NS	699	14.5%	(11.5 - 18.1)	NS	6,940	12.9%	(11.6 - 14.2)	NS	1,002	26.2%	(22.6 - 30.1)	10,125	23.4%	(22.0 - 24.8)	NS	Yes
2014	2,630	18.8%	(16.9 - 21.0)	22,346	17.7%	(16.9 - 18.6)	NS	1,108	14.5%	(11.8 - 17.6)	NS	9,582	13.0%	(11.8 - 14.2)	NS	1,522	22.9%	(20.2 - 25.9)	12,764	22.3%	(21.1 - 23.5)	NS	Yes
2015	2,199	18.6%	(16.5 - 20.9)	17,485	17.5%	(16.7 - 18.5)	NS	887	14.1%	(11.2 - 17.5)	NS	7,534	12.4%	(11.3 - 13.7)	NS	1,312	22.9%	(20.0 - 26.2)	9,951	22.5%	(21.2 - 23.8)	NS	Yes
2016	1,609	19.3%	(17.0 - 21.9)	15,138	17.8%	(16.8 - 18.8)	NS	702	12.7%	(9.9 - 16.2)	NS	6,609	12.1%	(10.9 - 13.4)	NS	907	25.6%	(22.1 - 29.5)	8,529	23.4%	(21.8 - 25.0)	NS	Yes
2017	1,737	20.7%	(18.4 - 23.2)	15,299	19.4%	(18.5 - 20.5)	NS	800	14.0%	(11.2 - 17.2)	NS	6,937	13.0%	(11.8 - 14.2)	NS	935	27.1%	(23.6 - 30.8)	8,355	25.8%	(24.3 - 27.3)	NS	Yes
2018	1,777	17.7%	(15.6 - 20.0)	14,608	17.3%	(16.3 - 18.3)	NS	812	11.6%	(9.1 - 14.7)	NS	6,549	11.5%	(10.3 - 12.8)	NS	963	23.6%	(20.4 - 27.1)	8,045	22.9%	(21.5 - 24.5)	NS	Yes
2019	2,170	18.3%	(16.4 - 20.4)	15,813	16.2%	(15.4 - 17.1)	NS	1,025	12.0%	(9.9 - 14.6)	NS	7,126	10.6%	(9.7 - 11.7)	NS	1,145	24.3%	(21.4 - 27.5)	8,687	21.7%	(20.4 - 23.1)	NS	Yes
2020	2,053	16.6%	(14.6 - 18.7)	14,748	16.8%	(15.8 - 17.7)	NS	922	11.8%	(9.5 - 14.6)	NS	6,785	11.4%	(10.3 - 12.5)	NS	1,131	21.2%	(18.2 - 24.5)	7,963	22.1%	(20.6 - 23.6)	NS	Yes
Frequent Mental Distress in past 30 days																							
2011	4,356	9.1%	(8.0 - 10.4)	25,036	9.2%	(8.7 - 9.7)	NS	1,766	8.3%	(6.8 - 10.1)	NS	10,097	7.7%	(7.0 - 8.4)	NS	2,590	9.9%	(8.4 - 11.8)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	3,535	10.3%	(9.0 - 11.8)	18,935	9.0%	(8.4 - 9.7)	NS	1,472	9.6%	(7.7 - 11.9)	NS	7,786	7.4%	(6.6 - 8.3)	NS	2,063	11.0%	(9.2 - 13.0)	11,149	10.6%	(9.7 - 11.5)	NS	No
2013	1,682	9.7%	(8.0 - 11.6)	16,889	8.9%	(8.2 - 9.6)	NS	690	6.2%	(4.3 - 9.0)	NS	6,889	6.8%	(5.9 - 7.9)	NS	992	12.9%	(10.3 - 15.9)	10,000	10.9%	(9.8 - 12.0)	NS	Yes
2014	2,610	8.0%	(6.7 - 9.5)	22,132	8.2%	(7.6 - 8.8)	NS	1,101	5.9%	(4.3 - 8.0)	NS	9,483	6.4%	(5.6 - 7.3)	NS	1,509	9.9%	(8.1 - 12.2)	12,649	9.9%	(9.0 - 10.8)	NS	Yes
2015	2,182	10.0%	(8.4 - 11.8)	17,369	8.9%	(8.2 - 9.6)	NS	885	7.1%	(5.1 - 9.7)	NS	7,491	6.9%	(6.0 - 7.9)	NS	1,297	12.8%	(10.5 - 15.6)	9,878	10.8%	(9.8 - 11.9)	NS	Yes
2016	1,599	9.8%	(8.0 - 12.0)	15,035	9.5%	(8.7 - 10.4)	NS	699	7.1%	(4.7 - 10.4)	NS	6,568	7.0%	(6.0 - 8.1)	NS	900	12.4%	(9.8 - 15.5)	8,467	12.0%	(10.8 - 13.3)	NS	No
2017	1,725	11.5%	(9.7 - 13.6)	15,179	10.5%	(9.7 - 11.4)	NS	800	8.6%	(6.5 - 11.4)	NS	6,894	7.6%	(6.7 - 8.6)	NS	923	14.3%	(11.5 - 17.6)	8,278	13.4%	(12.2 - 14.7)	NS	Yes
2018	1,762	12.6%	(10.7 - 14.6)	14,490	11.2%	(10.4 - 12.1)	NS	806	10.3%	(7.9 - 13.3)	NS	6,498	9.2%	(8.1 - 10.4)	NS	954	14.7%	(12.1 - 17.8)	7,979	13.2%	(12.0 - 14.5)	NS	No
2019	2,158	12.4%	(10.8 - 14.3)	15,699	11.3%	(10.5 - 12.1)	NS	1,020	9.9%	(7.8 - 12.4)	NS	7,076	8.6%	(7.7 - 9.6)	NS	1,138	14.9%	(12.4 - 17.7)	8,623	13.9%	(12.7 - 15.1)	NS	Yes
2020	2,034	14.3%	(12.4 - 16.4)	14,624	11.9%	(11.1 - 12.8)	NS	915	12.1%	(9.6 - 15.1)	NS	6,735	9.1%	(8.1 - 10.3)	NS	1,119	16.3%	(13.6 - 19.4)	7,889	14.6%	(13.3 - 15.9)	NS	No
Currently taking medication or receiving treatment for a mental health condition																							
2011																							
2012	731	10.0%	(7.7 - 12.9)	6,643	11.0%	(10.0 - 12.1)	NS	312	7.9%	(5.0 - 12.2)	NS	2,693	7.4%	(6.2 - 8.9)	NS	419	12.0%	(8.8 - 16.2)	3,950	14.5%	(12.9 - 16.2)	NS	No
2013																							
2014																							
2015																							
2016																							
2017																							
2018																							
2019																							
2020																							
Symptoms of serious mental illness in past 30 days																							
2011																							
2012	724	3.9%	(2.3 - 6.3)	6,555	3.2%	(2.6 - 3.9)	NS	309	3.5%*	(1.6 - 7.5)	NS	2,657	2.5%	(1.8 - 3.7)	NS	415	4.2%*	(2.1 - 7.9)	3,898	3.8%	(2.9 - 4.9)	NS	No
2013																							
2014																							
2015																							
2016																							
2017																							
2018																							
2019																							
2020																							
<b>Alcohol and Drug Use</b>																							
Any alcohol consumption in past 30 days																							
2011	4,119	64.8%	(62.6 - 66.9)	24,051	61.8%	(60.9 - 62.7)	NS	1,659	69.0%	(65.7 - 72.1)	NS	9,597	67.7%	(66.4 - 69.1)	NS	2,460	60.8%	(57.9 - 63.6)	14,454	56.2%	(55.0 - 57.4)	+	Yes
2012	3,518	63.9%	(61.8 - 65.9)	18,891	61.3%	(60.3 - 62.3)	NS	1,468	70.7%	(67.7 - 73.5)	NS	7,749	68.7%	(67.2 - 70.1)	NS	2,050	57.5%	(54.7 - 60.2)	11,142	54.2%	(52.8 - 55.6)	NS	Yes
2013	1,647	57.6%	(54.4 - 60.8)	16,614	57.5%	(56.2 - 58.7)	NS	671	62.2%	(57.1 - 67.0)	NS	6,754	63.3%	(61.4 - 65.2)	NS	976	53.5%	(49.3 - 57.6)	9,860	51.8%	(50.2 - 53.5)	NS	No
2014	2,522	60.7%	(58.1 - 63.2)	21,612	59.2%	(58.1 - 60.3)	NS	1,059	64.2%	(60.4 - 67.9)	NS	9,246	65.2%	(63.6 - 66.8)	NS	1,463	57.3%	(53.8 - 60.8)	12,366	53.4%	(52.0 - 54.9)	NS	No
2015	2,115	60.7%	(57.9 - 63.5)	16,939	57.6%	(56.4 - 58.8)	NS	858	67.6%	(63.5 - 71.5)	NS	7,282	63.8%	(62.0 - 65.5)	NS	1,257	54.1%	(50.3 - 57.8)	9,657	51.6%	(50.0 - 53.2)	NS	Yes
2016	1,569	61.1%	(58.0 - 64.1)	14,723	59.8%	(58.5 - 61.0)	NS	684	69.8%	(65.3 - 74.0)	NS	6,421	68.0%	(66.1 - 69.8)	NS	885	52.8%	(48.6 - 57.0)	8,302	51.8%	(50.0 - 53.6)	NS	Yes
2017	1,651	61.5%	(58.6 - 64.5)	14,640	60.2%	(58.9 - 61.4)	NS	766	66.3%	(62.0 - 70.4)	NS	6,630	66.2%	(64.5 - 68.0)	NS	884	57.0%	(52.8 - 61.1)	8,004	54.3%	(52.5 - 56.0)	NS	Yes
2018	1,707	60.1%	(57.3 - 62.9)	14,055	58.8%	(57.5 - 60.0)	NS	780	67.3%	(63.2 - 71.1)	NS	6,289	64.2%	(62.5 - 66.0)	NS	926	53.3%	(49.3 - 57.2)	7,756	53.5%	(51.8 - 55.3)	NS	Yes
2019	2,075	61.3%	(58.7 - 63.7)	15,159	59.5%	(58.3 - 60.6)	NS	980	64.0%	(60.3 - 67.5)	NS	6,844	64.2%	(62.6 - 65.8)	NS	1,095	58.7%	(55.1 - 62.2)	8,315	54.9%	(53.3 - 56.5)	NS	No
2020	1,956	60.7%	(57.9 - 63.4)	14,047	60.0%	(58.8 - 61.2)	NS	880	64.6%	(60.6 - 68.4)	NS	6,439	64.1%	(62.4 - 65.8)	NS	1,076	57.0%	(53.1 - 60.8)	7,608	56.0%	(54.3 - 57.7)	NS	No

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>									
	Douglas County			State of NE		Douglas County			State of NE		Douglas County			State of NE											
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>										
<b>Binge drank in past 30 days<sup>a</sup></b>																									
2011	4,102	24.4%	(22.6 - 26.4)	23,948	22.7%	(21.9 - 23.5)	NS	1,648	31.3%	(28.3 - 34.4)	NS	9,533	30.2%	(28.9 - 31.5)	NS	2,454	18.0%	(15.7 - 20.5)	NS	14,415	15.7%	(14.7 - 16.7)	NS	Yes	
2012	3,483	22.6%	(20.8 - 24.4)	18,742	22.1%	(21.3 - 23.0)	NS	1,450	28.3%	(25.5 - 31.4)	NS	7,664	29.1%	(27.6 - 30.5)	NS	2,033	17.1%	(15.1 - 19.4)	NS	11,078	15.5%	(14.5 - 16.6)	NS	Yes	
2013	1,643	19.8%	(17.3 - 22.6)	16,500	20.0%	(19.0 - 21.1)	NS	669	22.2%	(18.4 - 26.6)	NS	6,687	25.2%	(23.6 - 26.9)	NS	974	17.6%	(14.4 - 21.3)	NS	9,813	15.0%	(13.8 - 16.4)	NS	No	
2014	2,506	20.5%	(18.4 - 22.8)	21,443	20.3%	(19.4 - 21.3)	NS	1,050	24.9%	(21.6 - 28.6)	NS	9,149	26.8%	(25.3 - 28.3)	NS	1,456	16.4%	(13.8 - 19.3)	NS	12,294	14.1%	(13.0 - 15.3)	NS	Yes	
2015	2,103	21.9%	(19.4 - 24.5)	16,832	19.5%	(18.5 - 20.5)	NS	853	30.1%	(26.1 - 34.5)	NS	7,216	26.0%	(24.4 - 27.8)	NS	1,250	14.0%	(11.5 - 16.9)	NS	9,616	13.1%	(12.0 - 14.3)	NS	Yes	
2016	1,554	20.3%	(17.8 - 23.1)	14,620	20.0%	(18.9 - 21.1)	NS	675	27.5%	(23.4 - 32.0)	NS	6,367	27.2%	(25.4 - 29.0)	NS	879	13.6%	(10.9 - 16.9)	NS	8,253	13.1%	(11.9 - 14.4)	NS	Yes	
2017	1,640	20.7%	(18.2 - 23.4)	14,534	20.6%	(19.5 - 21.7)	NS	757	26.8%	(23.1 - 31.0)	NS	6,562	27.3%	(25.6 - 29.0)	NS	882	14.9%	(11.9 - 18.5)	NS	7,966	14.2%	(12.9 - 15.6)	NS	Yes	
2018	1,695	22.9%	(20.6 - 25.4)	13,940	21.2%	(20.1 - 22.2)	NS	774	30.1%	(26.4 - 34.1)	NS	6,215	27.7%	(26.0 - 29.4)	NS	920	16.1%	(13.4 - 19.2)	NS	7,715	14.9%	(13.7 - 16.3)	NS	Yes	
2019	2,057	21.6%	(19.4 - 23.8)	15,025	20.9%	(19.9 - 21.9)	NS	972	25.1%	(22.0 - 28.6)	NS	6,763	26.1%	(24.7 - 27.7)	NS	1,085	18.1%	(15.4 - 21.3)	NS	8,262	15.7%	(14.4 - 17.1)	NS	Yes	
2020	1,940	20.8%	(18.5 - 23.2)	13,926	20.4%	(19.4 - 21.5)	NS	870	27.4%	(23.8 - 31.4)	NS	6,374	26.6%	(25.0 - 28.3)	NS	1,070	14.4%	(11.8 - 17.5)	NS	7,552	14.4%	(13.1 - 15.7)	NS	Yes	
<b>Heavy drinking in past 30 days</b>																									
2011	4,082	8.6%	(7.4 - 10.0)	23,906	7.5%	(7.0 - 8.1)	NS	1,639	8.9%	(7.2 - 11.0)	NS	9,514	9.2%	(8.4 - 10.2)	NS	2,443	8.3%	(6.6 - 10.4)	NS	14,392	5.9%	(5.2 - 6.6)	NS	+	No
2012	3,486	7.6%	(6.5 - 8.9)	18,738	7.2%	(6.6 - 7.7)	NS	1,449	7.1%	(5.6 - 9.0)	NS	7,668	8.5%	(7.7 - 9.4)	NS	2,037	8.1%	(6.6 - 9.9)	NS	11,070	5.9%	(5.3 - 6.6)	NS	+	No
2013	1,638	7.1%	(5.6 - 8.9)	16,513	6.8%	(6.2 - 7.5)	NS	665	6.7%	(4.6 - 9.7)	NS	6,698	7.3%	(6.4 - 8.3)	NS	973	7.4%	(5.5 - 10.0)	NS	9,815	6.3%	(5.5 - 7.2)	NS	No	
2014	2,502	6.8%	(5.6 - 8.3)	21,447	6.4%	(5.9 - 7.0)	NS	1,047	7.0%	(5.2 - 9.4)	NS	9,158	7.5%	(6.7 - 8.5)	NS	1,455	6.7%	(5.1 - 8.7)	NS	12,289	5.3%	(4.7 - 6.1)	NS	No	
2015	2,096	7.0%	(5.6 - 8.9)	16,815	5.7%	(5.1 - 6.4)	NS	846	7.6%	(5.2 - 10.8)	NS	7,214	7.0%	(6.0 - 8.1)	NS	1,250	6.6%	(4.9 - 8.7)	NS	9,601	4.6%	(3.9 - 5.3)	NS	No	
2016	1,559	6.1%	(4.7 - 7.9)	14,634	6.6%	(5.9 - 7.3)	NS	677	6.5%	(4.5 - 9.3)	NS	6,376	8.0%	(7.0 - 9.1)	NS	882	5.8%	(4.0 - 8.3)	NS	8,258	5.2%	(4.4 - 6.2)	NS	No	
2017	1,641	7.4%	(5.9 - 9.2)	14,534	7.0%	(6.3 - 7.7)	NS	759	7.9%	(5.8 - 10.6)	NS	6,566	8.2%	(7.2 - 9.3)	NS	881	6.9%	(5.0 - 9.5)	NS	7,963	5.8%	(4.9 - 6.7)	NS	No	
2018	1,687	7.1%	(5.8 - 8.8)	13,944	7.1%	(6.4 - 7.8)	NS	768	7.7%	(5.8 - 10.3)	NS	6,216	8.2%	(7.2 - 9.3)	NS	918	6.6%	(4.8 - 8.9)	NS	7,720	6.0%	(5.2 - 7.0)	NS	No	
2019	2,053	6.1%	(4.9 - 7.5)	15,037	6.2%	(5.7 - 6.8)	NS	968	5.4%	(3.9 - 7.4)	NS	6,775	7.1%	(6.3 - 7.9)	NS	1,085	6.8%	(5.1 - 8.9)	NS	8,262	5.4%	(4.7 - 6.2)	NS	No	
2020	1,941	7.6%	(6.2 - 9.3)	13,927	7.4%	(6.7 - 8.1)	NS	870	8.1%	(6.1 - 10.8)	NS	6,365	8.4%	(7.4 - 9.5)	NS	1,071	7.1%	(5.4 - 9.4)	NS	7,562	6.4%	(5.5 - 7.3)	NS	No	
<b>Alcohol impaired driving in past 30 days</b>																									
2011																									
2012	3,509	3.4%	(2.7 - 4.2)	18,895	3.4%	(3.1 - 3.8)	NS	1,459	4.4%	(3.3 - 5.8)	NS	7,741	5.5%	(4.9 - 6.3)	NS	2,050	2.4%	(1.7 - 3.4)	NS	11,154	1.4%	(1.1 - 1.8)	NS	No	
2013																									
2014	2,523	2.8%	(2.0 - 3.7)	21,627	2.5%	(2.2 - 2.9)	NS	1,054	4.3%	(3.0 - 6.1)	NS	9,242	4.2%	(3.5 - 4.9)	NS	1,469	1.3%	(0.8 - 2.3)	NS	12,385	1.0%	(0.7 - 1.3)	NS	Yes	
2015																									
2016	1,561	3.6%	(2.6 - 4.9)	14,666	3.4%	(2.9 - 3.9)	NS	679	5.0%	(3.4 - 7.3)	NS	6,383	5.1%	(4.3 - 6.0)	NS	882	2.3%	(1.3 - 4.1)	NS	8,283	1.7%	(1.3 - 2.4)	NS	No	
2017																									
2018	1,697	3.9%	(2.9 - 5.2)	13,977	3.0%	(2.6 - 3.4)	NS	774	5.4%	(3.7 - 7.7)	NS	6,245	4.4%	(3.7 - 5.2)	NS	922	2.5%	(1.5 - 4.0)	NS	7,722	1.6%	(1.2 - 2.1)	NS	No	
2019																									
2020	1,952	2.5%	(1.8 - 3.6)	14,048	2.5%	(2.1 - 2.9)	NS	874	3.3%	(2.2 - 5.0)	NS	6,437	3.7%	(3.1 - 4.4)	NS	1,078	1.8%*	(0.9 - 3.3)	NS	7,611	1.3%	(0.9 - 1.8)	NS	No	
<b>Used marijuana in past 30 days</b>																									
2011																									
2012																									
2013																									
2014																									
2015																									
2016	1,496	7.1%	(5.4 - 9.2)	14,160	4.9%	(4.2 - 5.7)	NS	644	10.2%	(7.3 - 14.2)	NS	6,143	7.2%	(6.0 - 8.6)	NS	852	4.1%	(2.7 - 6.4)	NS	8,017	2.7%	(2.1 - 3.5)	NS	Yes	
2017																									
2018																									
2019	911	11.0%	(8.6 - 14.0)	6,952	7.2%	(6.3 - 8.3)	+	421	14.2%	(10.5 - 18.9)	NS	3,129	9.3%	(7.7 - 11.1)	NS	490	7.7%	(5.0 - 11.8)	NS	3,823	5.3%	(4.2 - 6.6)	NS	No	
2020	890	10.9%	(8.2 - 14.2)	6,517	6.9%	(5.8 - 8.1)	+	389	11.5%	(7.7 - 16.7)	NS	2,951	7.2%	(5.8 - 8.9)	NS	501	10.3%	(6.9 - 15.1)	NS	3,566	6.6%	(5.1 - 8.4)	NS	No	
<b>Opioid misuse in past year</b>																									
2011																									
2012																									
2013																									
2014																									
2015																									
2016																									
2017																									
2018	772	5.5%	(3.8 - 7.9)	6,622	4.3%	(3.6 - 5.1)	NS	347	5.6%	(3.2 - 9.5)	NS	2,941	4.7%	(3.6 - 6.0)	NS	424	5.4%	(3.3 - 8.9)	NS	3,675	3.9%	(3.0 - 5.0)	NS	No	
2019	909	4.2%	(2.9 - 6.1)	6,890	3.4%	(2.8 - 4.1)	NS	422	4.6%	(2.7 - 7.6)	NS	3,100	2.9%	(2.2 - 3.9)	NS	487	3.8%	(2.2 - 6.4)	NS	3,790	3.9%	(3.1 - 5.0)	NS	No	
2020	887	3.5%	(2.1 - 5.9)	6,492	2.9%	(2.3 - 3.7)	NS	387	4.2%*	(1.9 - 8.9)	NS	2,936	2.9%	(2.0 - 4.1)	NS	500	2.9%*	(1.5 - 5.5)	NS	3,556	3.0%	(2.2 - 3.9)	NS	No	

Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>						
	Douglas County		State of NE		Sig <sup>d</sup>	Douglas County		State of NE		Sig <sup>d</sup>	Douglas County		State of NE		Sig <sup>d</sup>							
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>		95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)			n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)			
<b>Immunization and Infectious Disease</b>																						
Had a flu vaccination in past year, aged 18 years and older																						
2011	4,140	43.2%	(41.1 - 45.4)	24,156	41.1%	(40.2 - 42.0)	NS	1,670	36.4%	(33.4 - 39.6)	9,663	35.1%	(33.8 - 36.5)	NS	2,470	49.7%	(46.7 - 52.6)	14,493	46.8%	(45.6 - 48.1)	NS	Yes
2012	3,513	45.5%	(43.4 - 47.6)	18,903	42.2%	(41.2 - 43.2)	+	1,463	40.1%	(37.0 - 43.2)	7,754	36.8%	(35.4 - 38.2)	NS	2,050	50.7%	(47.9 - 53.5)	11,149	47.5%	(46.1 - 48.8)	NS	Yes
2013	1,565	45.0%	(41.8 - 48.3)	16,022	45.2%	(43.9 - 46.4)	NS	633	42.5%	(37.6 - 47.5)	6,506	41.2%	(39.4 - 43.1)	NS	932	47.3%	(43.1 - 51.6)	9,516	48.9%	(47.2 - 50.6)	NS	No
2014	2,530	47.5%	(44.9 - 50.1)	21,638	43.9%	(42.9 - 45.0)	NS	1,063	42.6%	(38.9 - 46.4)	9,262	38.8%	(37.3 - 40.4)	NS	1,467	52.0%	(48.5 - 55.5)	12,376	48.9%	(47.4 - 50.3)	NS	Yes
2015	2,022	48.3%	(45.4 - 51.2)	16,091	47.2%	(46.0 - 48.4)	NS	812	41.3%	(37.1 - 45.6)	6,883	40.8%	(39.0 - 42.6)	NS	1,210	54.7%	(50.8 - 58.5)	9,208	53.4%	(51.7 - 55.0)	NS	Yes
2016	1,564	48.6%	(45.5 - 51.7)	14,685	44.4%	(43.1 - 45.7)	NS	683	43.8%	(39.2 - 48.4)	6,401	39.4%	(37.5 - 41.3)	NS	881	53.1%	(48.9 - 57.3)	8,284	49.3%	(47.6 - 51.1)	NS	Yes
2017	1,566	47.8%	(44.7 - 50.9)	14,101	46.7%	(45.4 - 48.0)	NS	722	42.0%	(37.6 - 46.5)	6,365	41.3%	(39.5 - 43.2)	NS	843	53.4%	(49.1 - 57.7)	7,731	51.9%	(50.1 - 53.7)	NS	Yes
2018	1,704	41.4%	(38.7 - 44.2)	14,007	39.4%	(38.2 - 40.6)	NS	782	39.4%	(35.4 - 43.5)	6,272	36.4%	(34.7 - 38.2)	NS	921	43.4%	(39.5 - 47.3)	7,725	42.2%	(40.6 - 43.9)	NS	No
2019	1,970	53.1%	(50.5 - 55.8)	14,470	49.0%	(47.9 - 50.2)	+	929	48.3%	(44.5 - 52.1)	6,530	42.6%	(41.0 - 44.3)	+	1,041	57.8%	(54.0 - 61.4)	7,940	55.3%	(53.7 - 56.9)	NS	Yes
2020	1,956	56.8%	(54.0 - 59.6)	14,063	53.2%	(52.0 - 54.5)	NS	874	50.5%	(46.4 - 54.6)	6,446	47.0%	(45.2 - 48.8)	NS	1,082	62.8%	(58.8 - 66.6)	7,617	59.4%	(57.6 - 61.1)	NS	Yes
Had a flu vaccination in past year, aged 65 years and older <sup>a</sup>																						
2011	1,139	60.8%	(56.3 - 65.2)	8,185	61.8%	(60.3 - 63.3)	NS	415	60.9%	(53.8 - 67.6)	2,875	59.6%	(57.1 - 62.1)	NS	724	60.7%	(54.8 - 66.3)	5,310	63.4%	(61.5 - 65.3)	NS	No
2012	972	68.1%	(64.1 - 71.8)	6,625	62.9%	(61.2 - 64.6)	NS	335	69.2%	(62.4 - 75.2)	2,327	60.9%	(58.1 - 63.6)	NS	637	67.3%	(62.3 - 71.9)	4,298	64.4%	(62.4 - 66.5)	NS	No
2013	392	66.9%	(60.5 - 72.8)	5,652	66.2%	(64.2 - 68.1)	NS	148	68.3%*	(57.4 - 77.5)	2,067	67.6%	(64.4 - 70.6)	NS	244	65.9%	(57.8 - 73.0)	3,585	65.0%	(62.6 - 67.4)	NS	No
2014	840	68.5%	(64.4 - 72.2)	7,610	64.7%	(63.2 - 66.2)	NS	320	69.3%	(62.9 - 75.1)	2,971	65.9%	(63.5 - 68.3)	NS	520	67.8%	(62.6 - 72.7)	4,639	63.8%	(61.8 - 65.7)	NS	No
2015	635	66.2%	(61.3 - 70.7)	5,578	65.2%	(63.4 - 67.0)	NS	215	63.2%	(54.7 - 71.0)	2,119	64.1%	(61.1 - 66.9)	NS	420	68.3%	(62.5 - 73.5)	3,459	66.1%	(63.9 - 68.2)	NS	No
2016	470	69.6%	(64.5 - 74.3)	5,130	62.7%	(60.8 - 64.6)	NS	180	72.1%	(64.4 - 78.7)	1,967	62.8%	(59.8 - 65.6)	NS	290	67.8%	(60.8 - 74.1)	3,163	62.7%	(60.2 - 65.1)	NS	No
2017	471	67.7%	(62.2 - 72.7)	4,987	65.5%	(63.6 - 67.4)	NS	196	65.6%	(56.9 - 73.3)	2,057	65.1%	(62.2 - 68.0)	NS	275	69.3%	(62.1 - 75.6)	2,929	65.8%	(63.2 - 68.2)	NS	No
2018	486	59.9%	(54.7 - 64.9)	5,191	57.9%	(56.0 - 59.9)	NS	217	61.4%	(53.9 - 68.5)	2,158	58.2%	(55.3 - 61.0)	NS	269	58.6%	(51.3 - 65.5)	3,031	57.7%	(55.1 - 60.3)	NS	No
2019	587	74.1%	(69.8 - 78.0)	5,592	67.5%	(65.8 - 69.1)	+	249	78.0%	(71.5 - 83.4)	2,275	67.5%	(64.9 - 69.9)	+	338	70.8%	(64.9 - 76.1)	3,317	67.4%	(65.2 - 69.6)	NS	No
2020	603	76.3%	(71.7 - 80.3)	5,180	71.7%	(70.0 - 73.4)	NS	223	74.0%	(66.2 - 80.5)	2,097	70.0%	(67.3 - 72.6)	NS	380	78.0%	(72.3 - 82.7)	3,083	73.1%	(70.9 - 75.3)	NS	No
Ever had a pneumonia vaccination, aged 65 years and older <sup>a</sup>																						
2011	1,108	72.6%	(68.5 - 76.4)	7,997	70.3%	(68.8 - 71.7)	NS	399	70.3%	(63.4 - 76.4)	2,772	66.7%	(64.2 - 69.1)	NS	709	74.5%	(69.3 - 79.0)	5,225	72.9%	(71.2 - 74.5)	NS	No
2012	945	72.6%	(68.7 - 76.3)	6,413	70.0%	(68.4 - 71.6)	NS	322	67.9%	(61.0 - 74.1)	2,225	66.9%	(64.1 - 69.6)	NS	623	75.8%	(71.1 - 80.0)	4,188	72.3%	(70.3 - 74.1)	NS	No
2013	380	76.0%	(70.0 - 81.1)	5,478	71.7%	(69.8 - 73.4)	NS	141	77.7%	(67.9 - 85.2)	1,970	71.5%	(68.5 - 74.3)	NS	239	74.7%	(66.7 - 81.2)	3,508	71.8%	(69.4 - 74.0)	NS	No
2014	812	76.7%	(73.0 - 80.0)	7,372	72.3%	(70.9 - 73.7)	NS	302	74.1%	(68.0 - 79.5)	2,849	70.3%	(67.9 - 72.5)	NS	510	78.6%	(73.9 - 82.7)	4,523	73.9%	(72.1 - 75.7)	NS	No
2015	617	74.5%	(69.9 - 78.7)	5,452	73.8%	(72.1 - 75.4)	NS	207	70.3%	(62.0 - 77.4)	2,056	70.3%	(67.4 - 73.0)	NS	410	77.4%	(71.8 - 82.2)	3,396	76.5%	(74.5 - 78.4)	NS	No
2016	463	79.3%	(74.7 - 83.3)	5,060	75.9%	(74.2 - 77.5)	NS	175	77.4%	(69.6 - 83.6)	1,927	73.7%	(70.9 - 76.3)	NS	288	80.8%	(74.8 - 85.6)	3,133	77.6%	(75.5 - 79.7)	NS	No
2017	465	83.1%	(78.4 - 87.0)	4,895	78.9%	(77.2 - 80.5)	NS	190	76.6%	(67.8 - 82.8)	1,996	75.1%	(72.3 - 77.7)	NS	275	88.4%	(82.9 - 92.4)	2,898	81.8%	(79.8 - 83.7)	NS	Yes
2018	471	78.9%	(74.2 - 83.0)	5,087	76.6%	(74.9 - 78.2)	NS	210	75.2%	(67.9 - 81.4)	2,100	74.0%	(71.3 - 76.4)	NS	261	82.2%	(75.8 - 87.2)	2,985	78.7%	(76.5 - 80.8)	NS	No
2019	573	79.3%	(75.2 - 82.8)	5,452	76.1%	(74.5 - 77.6)	NS	241	76.3%	(69.6 - 81.9)	2,187	71.9%	(69.3 - 74.3)	NS	332	81.8%	(76.6 - 86.0)	3,265	79.4%	(77.5 - 81.3)	NS	No
2020	588	81.2%	(77.1 - 84.8)	5,040	75.3%	(73.6 - 76.9)	+	217	77.8%	(70.5 - 83.7)	2,024	73.2%	(70.6 - 75.7)	NS	371	83.7%	(78.6 - 87.8)	3,016	76.9%	(74.7 - 79.0)	NS	No
Had a tetanus vaccination since 2005																						
2011																						
2012																						
2013	1,431	61.3%	(57.8 - 64.6)	14,650	60.2%	(58.9 - 61.5)	NS	586	60.8%	(55.5 - 65.8)	6,015	63.1%	(61.1 - 65.0)	NS	845	61.8%	(57.3 - 66.0)	8,635	57.4%	(55.6 - 59.1)	NS	No
2014																						
2015																						
2016	1,425	63.2%	(60.0 - 66.3)	13,574	64.2%	(62.9 - 65.4)	NS	615	63.7%	(58.8 - 68.3)	5,939	67.5%	(65.5 - 69.3)	NS	810	62.8%	(58.6 - 66.9)	7,635	60.9%	(59.2 - 62.7)	NS	No
2017																						
2018																						
2019	1,806	73.6%	(71.1 - 75.9)	13,401	75.4%	(74.4 - 76.4)	NS	857	73.3%	(69.7 - 76.7)	6,120	75.7%	(74.2 - 77.2)	NS	949	73.8%	(70.3 - 77.0)	7,281	75.1%	(73.7 - 76.5)	NS	No
2020																						
Ever had a shingles vaccination, aged 50 years and older																						
2011																						
2012																						
2013																						
2014	1,540	27.7%	(25.1 - 30.5)	14,246	27.9%	(26.9 - 28.9)	NS	618	25.0%	(21.3 - 29.2)	5,892	25.7%	(24.2 - 27.3)	NS	922	30.0%	(26.5 - 33.8)	8,354	29.8%	(28.4 - 31.3)	NS	No
2015																						
2016																						
2017	885	36.5%	(32.7 - 40.4)	8,982	35.2%	(33.8 - 36.7)	NS	359	32.3%	(26.8 - 38.4)	3,839	32.5%	(30.4 - 34.7)	NS	526	40.0%	(35.0 - 45.2)	5,140	37.6%	(35.7 - 39.6)	NS	No
2018																						
2019																						
2020	1,061	35.8%	(32.4 - 39.3)	8,784	36.9%	(35.5 - 38.3)	NS	419	31.2%	(26.3 - 36.5)	3,749	35.2%	(33.1 - 37.3)	NS	642	39.6%	(35.1 - 44.3)	5,035	38.5%	(36.6 - 40.4)	NS	No





Indicators	Overall					Men					Women					LHD Gender Diff. <sup>e</sup>							
	Douglas County			State of NE			Douglas County			State of NE			Douglas County				State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds <sup>a</sup>																							
2011																							
2012	460	10.7%	(7.6 - 15.0)	3,149	11.3%	(9.9 - 12.8)	NS	186	7.3%*	(3.6 - 14.3)	1,268	9.3%	(7.5 - 11.4)	NS	274	13.5%	(9.1 - 19.5)	1,881	13.1%	(11.1 - 15.3)	NS	No	
2013																							
2014	478	6.8%	(4.5 - 9.9)	4,089	10.9%	(9.6 - 12.3)	NS	208	8.0%	(4.4 - 14.1)	1,804	12.0%	(9.9 - 14.4)	NS	270	5.6%	(3.4 - 9.2)	2,285	9.8%	(8.3 - 11.7)	NS	No	
2015																							
2016	290	10.6%	(7.3 - 15.3)	2,815	10.4%	(9.0 - 12.0)	NS	115	6.9%*	(3.2 - 14.4)	1,168	8.8%	(6.9 - 11.2)	NS	175	13.6%	(8.8 - 20.3)	1,647	11.8%	(9.9 - 14.1)	NS	No	
2017																							
2018	298	7.7%	(4.8 - 12.1)	2,948	9.3%	(7.9 - 10.8)	NS	132	6.0%*	(2.8 - 12.4)	1,319	9.2%	(7.4 - 11.4)	NS	166	9.4%	(5.2 - 16.4)	1,629	9.3%	(7.5 - 11.5)	NS	No	
2019																							
2020	361	8.5%	(5.5 - 12.9)	2,971	7.6%	(6.3 - 9.0)	NS	137	9.7%*	(5.1 - 17.8)	1,281	8.1%	(6.2 - 10.5)	NS	224	7.5%*	(4.1 - 13.3)	1,690	7.0%	(5.5 - 9.0)	NS	No	
Had teeth cleaned by dentist/hygienist in past year, among those with 1+ permanent teeth																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016	1,479	67.4%	(64.2 - 70.5)	13,764	67.4%	(66.1 - 68.6)	NS	660	65.5%	(60.6 - 70.1)	6,092	63.9%	(62.0 - 65.8)	NS	819	69.3%	(65.0 - 73.3)	7,672	70.8%	(69.1 - 72.5)	NS	No	
2017																							
2018	1,647	64.4%	(61.5 - 67.2)	13,356	65.8%	(64.6 - 67.0)	NS	754	60.7%	(56.4 - 64.8)	6,015	61.2%	(59.3 - 63.0)	NS	891	67.9%	(63.9 - 71.6)	7,328	70.3%	(68.7 - 72.0)	NS	No	
2019																							
2020																							
Visited hospital ER for tooth pain or dental problem in past year (excluding injury or trauma)																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016																							
2017																							
2018																							
2019	1,853	4.7%	(3.7 - 5.9)	13,815	4.3%	(3.8 - 4.8)	NS	872	5.3%	(3.8 - 7.3)	6,199	4.6%	(3.9 - 5.4)	NS	981	4.1%	(2.8 - 5.9)	7,616	3.9%	(3.3 - 4.7)	NS	No	
2020	1,848	2.9%	(2.0 - 4.2)	13,422	2.4%	(2.0 - 2.8)	NS	818	2.5%	(1.5 - 4.2)	6,108	2.4%	(1.9 - 3.0)	NS	1,030	3.3%	(2.0 - 5.3)	7,314	2.4%	(1.8 - 3.1)	NS	No	
<b>Eye Care Access and Utilization</b>																							
No health insurance coverage for eye care, aged 40 years and older																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016	256	35.3%	(28.7 - 42.5)	2,824	42.1%	(39.4 - 44.8)	NS	109	35.9%*	(26.1 - 47.0)	1,204	42.5%	(38.4 - 46.8)	NS	147	34.7%	(26.4 - 44.2)	1,620	41.6%	(38.2 - 45.2)	NS	No	
2017	1,024	38.2%	(34.6 - 42.0)	10,237	44.2%	(42.8 - 45.7)	-	445	42.8%	(37.3 - 48.5)	4,471	44.9%	(42.7 - 47.1)	NS	579	33.9%	(29.3 - 38.8)	5,763	43.6%	(41.6 - 45.5)	-	No	
2018	1,041	37.3%	(33.9 - 40.8)	9,986	43.5%	(42.1 - 44.9)	-	440	42.1%	(36.8 - 47.6)	4,326	42.9%	(40.8 - 45.1)	NS	601	33.5%	(29.2 - 38.0)	5,656	44.0%	(42.1 - 45.9)	-	No	
2019																							
2020																							
Had eye exam by doctor or eye care provider in past year, aged 40 years and older																							
2011																							
2012																							
2013																							
2014																							
2015																							
2016	260	62.4%	(55.4 - 69.0)	2,863	61.4%	(58.6 - 64.1)	NS	112	65.2%*	(54.4 - 74.6)	1,220	58.2%	(53.9 - 62.4)	NS	148	59.9%	(50.7 - 68.5)	1,643	64.2%	(60.6 - 67.7)	NS	No	
2017	1,041	61.9%	(58.1 - 65.6)	10,380	61.8%	(60.4 - 63.3)	NS	452	59.3%	(53.6 - 64.8)	4,532	58.1%	(55.9 - 60.3)	NS	589	64.4%	(59.3 - 69.2)	5,845	65.3%	(63.3 - 67.2)	NS	No	
2018	1,061	60.1%	(56.5 - 63.5)	10,126	62.2%	(60.8 - 63.6)	NS	448	55.8%	(50.4 - 61.2)	4,389	59.7%	(57.5 - 61.8)	NS	613	63.4%	(58.8 - 67.8)	5,733	64.5%	(62.6 - 66.4)	NS	No	
2019																							
2020																							

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>			
	Douglas County			State of NE			Douglas County			State of NE			Douglas County			State of NE						
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	n <sup>a</sup>		mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)	Sig <sup>d</sup>
<b>Social Context</b>																						
Housing insecurity in past year, among those who own or rent their home <sup>a</sup>																						
2011																						
2012	669	28.9%	(24.9 - 33.4)	6,089	26.6%	(25.0 - 28.3)	NS	282	26.9%	(21.1 - 33.7)	2,481	24.7%	(22.3 - 27.3)	NS	387	30.7%	(25.3 - 36.8)	3,608	28.5%	(26.3 - 30.8)	NS	No
2013	699	34.3%	(29.7 - 39.2)	7,324	28.8%	(27.1 - 30.5)	NS	269	30.9%	(23.8 - 39.1)	2,961	25.0%	(22.5 - 27.7)	NS	430	36.8%	(30.9 - 43.1)	4,363	32.3%	(30.0 - 34.7)	NS	No
2014																						
2015	908	32.1%	(28.0 - 36.5)	7,461	28.5%	(26.8 - 30.2)	NS	357	29.5%	(23.6 - 36.2)	3,109	26.6%	(24.2 - 29.2)	NS	551	34.7%	(29.2 - 40.5)	4,352	30.3%	(28.1 - 32.5)	NS	No
2016																						
2017																						
2018																						
2019																						
2020																						
Food insecurity in past year <sup>a</sup>																						
2011																						
2012	730	19.8%	(16.3 - 23.7)	6,621	17.6%	(16.2 - 19.0)	NS	312	14.7%	(10.3 - 20.6)	2,684	13.9%	(12.1 - 16.0)	NS	418	24.4%	(19.5 - 30.1)	3,937	21.1%	(19.1 - 23.2)	NS	No
2013	737	21.6%	(17.8 - 26.1)	7,828	19.0%	(17.6 - 20.6)	NS	283	16.3%	(10.9 - 23.6)	3,159	15.4%	(13.4 - 17.7)	NS	454	25.7%	(20.5 - 31.6)	4,669	22.5%	(20.5 - 24.6)	NS	No
2014																						
2015	967	24.4%	(20.9 - 28.3)	7,918	21.0%	(19.5 - 22.5)	NS	379	20.7%	(15.7 - 26.8)	3,309	17.9%	(15.8 - 20.2)	NS	588	28.1%	(23.4 - 33.3)	4,609	24.0%	(22.1 - 26.1)	NS	No
2016																						
2017																						
2018																						
2019																						
2020																						
<b>Caregiving</b>																						
Provided regular care/assistance in past month to friend or family member with health issue																						
2011																						
2012																						
2013																						
2014																						
2015	991	26.3%	(22.7 - 30.3)	7,883	24.7%	(23.2 - 26.2)	NS	398	21.1%	(16.3 - 26.9)	3,434	21.1%	(19.1 - 23.4)	NS	593	30.9%	(25.7 - 36.5)	4,449	28.0%	(25.9 - 30.2)	NS	No
2016																						
2017																						
2018																						
2019																						
2020																						
<b>Cognitive Decline</b>																						
Experienced more or worsening confusion or memory loss in past year, aged 45 years and older																						
2011																						
2012																						
2013																						
2014																						
2015	715	7.7%	(5.7 - 10.4)	5,767	9.4%	(8.4 - 10.5)	NS	280	6.2%	(3.7 - 10.0)	2,436	10.2%	(8.7 - 12.0)	NS	435	9.0%	(6.1 - 13.2)	3,331	8.6%	(7.3 - 10.2)	NS	No
2016																						
2017																						
2018																						
2019	599	10.5%	(7.9 - 13.7)	5,060	9.6%	(8.5 - 10.7)	NS	276	9.2%	(6.1 - 13.6)	2,169	9.3%	(7.9 - 10.9)	NS	323	11.7%	(8.1 - 16.8)	2,891	9.8%	(8.4 - 11.4)	NS	No
2020																						
<b>Inadequate Sleep</b>																						
Get less than 7 hours of sleep per day																						
2011																						
2012																						
2013	1,694	35.8%	(32.8 - 39.0)	16,972	31.8%	(30.6 - 33.0)	NS	697	36.5%	(31.9 - 41.4)	6,927	32.6%	(30.8 - 34.4)	NS	997	35.2%	(31.3 - 39.2)	10,045	31.0%	(29.5 - 32.6)	NS	No
2014	2,615	30.1%	(27.8 - 32.5)	22,172	30.0%	(29.0 - 31.0)	NS	1,108	31.0%	(27.5 - 34.6)	9,527	30.7%	(29.2 - 32.2)	NS	1,507	29.3%	(26.3 - 32.5)	12,645	29.4%	(28.1 - 30.7)	NS	No
2015																						
2016	1,606	30.6%	(27.8 - 33.6)	15,097	29.6%	(28.4 - 30.8)	NS	706	31.2%	(27.0 - 35.8)	6,610	29.7%	(27.9 - 31.5)	NS	900	30.0%	(26.3 - 33.9)	8,487	29.5%	(27.9 - 31.2)	NS	No
2017																						
2018	1,765	32.4%	(29.7 - 35.1)	14,535	31.6%	(30.4 - 32.8)	NS	808	33.9%	(30.0 - 38.0)	6,516	32.3%	(30.6 - 34.1)	NS	955	30.9%	(27.4 - 34.7)	8,006	30.9%	(29.3 - 32.5)	NS	No
2019																						
2020	2,040	27.4%	(25.0 - 29.9)	14,694	28.2%	(27.1 - 29.4)	NS	917	29.5%	(26.0 - 33.3)	6,765	29.5%	(27.9 - 31.1)	NS	1,123	25.3%	(22.1 - 28.8)	7,929	27.0%	(25.5 - 28.6)	NS	No

Indicators	Overall								Men								Women								LHD Gender Diff. <sup>e</sup>
	Douglas County				State of NE				Douglas County				State of NE				Douglas County				State of NE				
	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		Sig <sup>d</sup>	n <sup>a</sup>	mean or % <sup>b</sup>	95% C.I. <sup>c</sup> (Low - High)		Sig <sup>d</sup>						
<b>Average hours of sleep per day</b>																									
2011																									
2012																									
2013	1,694	7.0	(6.9 - 7.0)	16,972	7.1	(7.0 - 7.1)	NS		697	6.9	(6.8 - 7.1)	6,927	7.0	(7.0 - 7.1)	NS	997	7.0	(6.9 - 7.1)	10,045	7.1	(7.0 - 7.1)	NS	No		
2014	2,615	7.0	(6.9 - 7.1)	22,172	7.1	(7.0 - 7.1)	NS		1,108	7.0	(6.9 - 7.1)	9,527	7.0	(7.0 - 7.1)	NS	1,507	7.1	(7.0 - 7.1)	12,645	7.1	(7.1 - 7.1)	NS	No		
2015																									
2016	1,606	7.1	(7.0 - 7.2)	15,097	7.1	(7.1 - 7.1)	NS		706	7.0	(6.9 - 7.1)	6,610	7.1	(7.0 - 7.2)	NS	900	7.1	(7.0 - 7.3)	8,487	7.1	(7.1 - 7.2)	NS	No		
2017																									
2018	1,765	7.0	(7.0 - 7.1)	14,535	7.1	(7.0 - 7.1)	NS		808	7.0	(6.9 - 7.2)	6,516	7.0	(7.0 - 7.1)	NS	955	7.1	(6.9 - 7.2)	8,006	7.1	(7.0 - 7.1)	NS	No		
2019																									
2020	2,040	7.1	(7.0 - 7.2)	14,694	7.1	(7.1 - 7.2)	NS		917	7.0	(6.9 - 7.1)	6,765	7.1	(7.0 - 7.1)	NS	1,123	7.2	(7.1 - 7.3)	7,929	7.2	(7.1 - 7.2)	NS	No		
<b>Occupational Safety and Health</b>																									
<b>Work-related injury or illness in past year, among employed or recently out of work</b>																									
2011																									
2012																									
2013	519	4.3%	(2.4 - 7.6)	4,952	4.8%	(3.9 - 5.8)	NS		237	4.2%*	(1.9 - 9.0)	2,246	6.1%	(4.8 - 7.7)	NS	282	4.3%*	(1.8 - 10.0)	2,706	3.3%	(2.2 - 4.9)	NS	No		
2014	773	4.7%	(2.7 - 7.9)	6,966	4.9%	(4.1 - 5.9)	NS		348	4.6%*	(2.5 - 8.3)	3,403	5.4%	(4.4 - 6.7)	NS	425	4.7%*	(2.0 - 10.7)	3,563	4.3%	(3.1 - 6.0)	NS	No		
2015	665	5.1%	(3.3 - 7.8)	5,434	5.7%	(4.7 - 6.8)	NS		301	5.5%*	(3.0 - 10.1)	2,727	7.1%	(5.6 - 9.0)	NS	364	4.6%*	(2.4 - 8.5)	2,707	3.9%	(2.9 - 5.3)	NS	No		
2016	246	5.3%*	(2.6 - 10.2)	2,213	4.3%	(3.2 - 5.8)	NS		135	5.9%*	(2.3 - 14.4)	1,091	5.5%	(3.8 - 7.9)	NS	111	4.4%*	(1.7 - 10.6)	1,122	3.0%	(1.8 - 4.8)	NS	No		
2017	477	4.2%	(2.3 - 7.5)	4,448	4.8%	(3.9 - 5.9)	NS		243	6.1%*	(3.1 - 11.8)	2,326	5.7%	(4.4 - 7.5)	NS	234	1.8%*	(0.8 - 4.2)	2,122	3.5%	(2.5 - 5.0)	NS	No		
2018																									
2019																									
2020																									
<b>Health Literacy</b>																									
<b>Very easy to get needed advice or information about health or medical topics</b>																									
2011																									
2012																									
2013																									
2014																									
2015																									
2016	1,411	74.0%	(70.9 - 77.0)	13,023	73.6%	(72.3 - 74.8)	NS		594	74.9%	(70.0 - 79.2)	5,525	71.0%	(69.0 - 72.9)	NS	817	73.3%	(69.1 - 77.1)	7,498	75.9%	(74.3 - 77.5)	NS	No		
2017	1,373	77.0%	(74.1 - 79.8)	12,368	74.7%	(73.4 - 75.9)	NS		619	75.0%	(70.5 - 79.1)	5,429	73.2%	(71.3 - 74.9)	NS	753	78.9%	(74.9 - 82.5)	6,935	76.0%	(74.4 - 77.6)	NS	No		
2018	1,461	76.4%	(73.7 - 79.0)	12,041	75.3%	(74.1 - 76.5)	NS		645	73.9%	(69.5 - 77.8)	5,208	73.1%	(71.2 - 74.8)	NS	816	78.7%	(75.0 - 82.0)	6,826	77.3%	(75.7 - 78.8)	NS	No		
2019	1,690	71.6%	(68.9 - 74.2)	12,373	71.5%	(70.3 - 72.6)	NS		786	69.0%	(65.0 - 72.7)	5,404	68.9%	(67.2 - 70.7)	NS	904	74.1%	(70.4 - 77.4)	6,969	73.7%	(72.2 - 75.3)	NS	No		
2020	1,710	71.5%	(68.6 - 74.2)	12,294	70.5%	(69.3 - 71.7)	NS		752	69.8%	(65.5 - 73.7)	5,490	67.7%	(65.8 - 69.5)	NS	958	73.1%	(69.2 - 76.7)	6,804	73.2%	(71.5 - 74.8)	NS	No		
<b>Very easy to understand information that medical professions tell you</b>																									
2011																									
2012																									
2013																									
2014																									
2015																									
2016	1,494	62.2%	(59.0 - 65.3)	14,129	59.1%	(57.8 - 60.4)	NS		641	61.0%	(56.0 - 65.7)	6,127	55.8%	(53.8 - 57.8)	NS	853	63.4%	(59.2 - 67.5)	8,002	62.2%	(60.5 - 64.0)	NS	No		
2017	1,480	61.9%	(58.7 - 65.0)	13,583	59.6%	(58.2 - 60.8)	NS		675	61.5%	(56.9 - 66.0)	6,099	56.4%	(54.5 - 58.3)	NS	804	62.2%	(57.9 - 66.4)	7,479	62.6%	(60.8 - 64.3)	NS	No		
2018	1,590	66.3%	(63.5 - 69.1)	13,319	61.2%	(60.0 - 62.5)	+		719	62.2%	(57.9 - 66.3)	5,923	57.8%	(55.9 - 59.6)	NS	870	70.2%	(66.4 - 73.8)	7,387	64.6%	(62.9 - 66.2)	+	Yes		
2019	1,846	60.0%	(57.2 - 62.6)	13,778	58.8%	(57.6 - 60.0)	NS		863	55.6%	(51.6 - 59.5)	6,167	54.1%	(52.4 - 55.9)	NS	983	64.0%	(60.3 - 67.6)	7,611	63.2%	(61.6 - 64.8)	NS	Yes		
2020	1,825	61.4%	(58.5 - 64.2)	13,290	58.4%	(57.1 - 59.7)	NS		803	60.0%	(55.7 - 64.1)	6,034	55.1%	(53.2 - 56.9)	NS	1,022	62.6%	(58.6 - 66.4)	7,256	61.6%	(59.8 - 63.3)	NS	No		
<b>Very easy to understand written health information</b>																									
2011																									
2012																									
2013																									
2014																									
2015																									
2016	1,392	65.3%	(62.1 - 68.5)	12,945	59.7%	(58.3 - 61.0)	+		588	62.4%	(57.3 - 67.3)	5,491	55.1%	(53.0 - 57.2)	+	804	68.0%	(63.7 - 71.9)	7,454	63.9%	(62.1 - 65.7)	NS	No		
2017	1,389	61.7%	(58.4 - 64.8)	12,370	59.6%	(58.3 - 61.0)	NS		625	58.6%	(53.7 - 63.2)	5,422	55.0%	(53.0 - 57.0)	NS	763	64.5%	(60.0 - 68.7)	6,944	63.9%	(62.1 - 65.7)	NS	No		
2018	1,487	67.8%	(64.9 - 70.6)	11,984	62.7%	(61.4 - 64.0)	+		657	66.0%	(61.5 - 70.1)	5,174	58.7%	(56.7 - 60.7)	+	830	69.5%	(65.6 - 73.2)	6,804	66.4%	(64.7 - 68.1)	NS	No		
2019	1,684	62.9%	(60.1 - 65.7)	12,338	60.9%	(59.6 - 62.1)	NS		782	59.6%	(55.5 - 63.6)	5,376	55.7%	(53.8 - 57.6)	NS	902	65.9%	(62.0 - 69.6)	6,962	65.6%	(63.9 - 67.2)	NS	No		
2020	1,685	63.8%	(60.8 - 66.7)	12,058	60.0%	(58.6 - 61.3)	NS		731	61.1%	(56.6 - 65.4)	5,348	56.0%	(54.0 - 57.9)	NS	954	66.1%	(62.1 - 69.9)	6,710	63.6%	(61.8 - 65.4)	NS	No		

Indicators	Overall						Men						Women						LHD Gender Diff. <sup>e</sup>	
	Douglas County			State of NE			Douglas County			State of NE			Douglas County			State of NE				
	mean n <sup>a</sup>	95% C.I. <sup>c</sup> or % <sup>b</sup>	(Low - High)	mean n <sup>a</sup>	95% C.I. <sup>c</sup> or % <sup>b</sup>	(Low - High)	Sig <sup>d</sup>	mean n <sup>a</sup>	95% C.I. <sup>c</sup> or % <sup>b</sup>	(Low - High)	mean n <sup>a</sup>	95% C.I. <sup>c</sup> or % <sup>b</sup>	(Low - High)	Sig <sup>d</sup>	mean n <sup>a</sup>	95% C.I. <sup>c</sup> or % <sup>b</sup>	(Low - High)	mean n <sup>a</sup>		95% C.I. <sup>c</sup> or % <sup>b</sup>

Note: Data reflect Douglas County Nebraska

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due to differences in the software used, how the statistical analysis code was written, or suppression rules; these results were analyzed using SAS and SAS-callable SUDAAN software

<sup>a</sup> Non-weighted sample size among adults 18 and older (unless different age group noted)

<sup>b</sup> Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

<sup>c</sup> Low and High are the lower and upper limits of the 95% confidence interval, respectively

<sup>d</sup> Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

<sup>e</sup> Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; Note: small sample size for males or females can make interpreting significance difficult due to large confidence intervals

<sup>^</sup> Reflects a Nebraska Healthy People 2020 (HP2020) measure

\* Unstable estimate, use data with caution; relative standard error  $\geq$  30% or confidence interval half-width  $\geq$  10.0

\*\* Data suppressed due to sample size < 50 respondents

<sup>^</sup> Visible data are not comparable to earlier years due to changes in question wording

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS); December 2021

